INSTRUCTION MANUAL



mylifemyshop

Congratulations

on your My Life My Shop purchase.

The **Body Analyzer1** digital body analyzing scale, will allow you to keep track of your weight, body fat, muscle mass, water weight and bone density, helping you to maintain a healthy lifestyle.

To get the most out of your new digital body analyzer and ensure safety, read this instruction manual prior to use.

Please follow these instructions carefully, and retain this manual for future reference.

For assistance, call 1-888-870-2132 or visit us at mylifemyshop.com



Safety Information
Warning Indicators
Device Components3
Device Specifications4
Getting Started5
Setting Up Users
Taking a Measurement7
Replacing the Batteries
2 Year Warranty
How the Body Analyzer 1 Works11
Muscle Mass Percentage11
Body Fat Percentage12
Bone Density
Water Weight Percentage13
Frequently Asked Questions15
Care & Maintenance
Caution
FCC Regulations
Equipment Classification & General Use



This Body Analyzer1 allows you to track and analyze several key components of your weight. It is intended for use by adults. The device is not intended for use on infants and children. The device is designed for home use only.

Read this user manual thoroughly before use. This device is designed and manufactured to operate within defined design limits. Misuse may result in harm. The following should be observed for best use and to maintain your device:

- This device is intended solely to monitor and determine weight.
- Its sole function is measurement.
- Monitoring weight with this device does not equate to a medical diagnosis.
- Keep the unit out of reach of infants or children.
- Use only accessories and detachable parts specified and authorized by the manufacturer. Not doing so may cause damage to the unit or danger to you.
- Avoid using this device on slippery wet floors or while you are still wet from the bath.
- Do not store this device where it can be exposed to extreme temperatures, humidity, moister, sunlight, dust or where you store chemicals and cleaners.

PREGNANT WOMEN SHOULD CONSULT THEIR DOCTOR BEFORE USE.



Symbol	Description
6	The Operation Guide Must be Read
SN	Serial Number
	Manufacturer
	Direct Current
CE	Complies with EU Requirments
Â	Indoor Use Only
	ENVIRONMENT PROTECTION - Wast electrical products should not be disposed of with household waste. Please recycle where facilities exist. Check with your local authority or retailer for recycling advice

WARNING INDICATORS

Symbol	Description
	Overload Warning. The maximum weighing capacity of the scale has been exceeded. Remove the weight immediately; otherwise, permanent damage to the scale will occur.
lo	Low battery warning. Replace the batteries. Always replace all the worn batteries at the same time; do not combine old and new batteries.

Read this manual thoroughly before use

DEVICE COMPONENTS

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User Type choose from, male, female, & athlete

- 2 Weight displays measurement of weight
- 3 Water Weight Percentage displays the percentage of the weight reading that is water weight
- Units of Measure allows you to display weight measurements in pounds, kilograms or stones
- 5 Body Fat Percentage displays the percentage of the weight reading that is body fat
- Bone Density displays the percentage of the weight reading that is bone mass

- 7 Muscle Mass displays the percentage of the weight reading that is muscle mass
- 8 Contact Plates these stainless steel plates allow a small electrical current needed to perform the analysis to pass into your body
- Up Selection Indicator allows you to navigate "up" when adjusting settings on the scale
- 10 The Set Button allows you to enter the scales settings mode and to make selections
- 1 Down Selection Indicator allows you to navigate "down" when adjusting settings on the scale

DEVICE SPECIFICATIONS

Product Name	Body Analyzer 1 - MM42114-0000
Dimensions	Approx.
Net Weight	Approx.
Display	Digital LCD, V.A. = 2.83 in (L) x 1.38 in (W)
Measurement Units	(lb/in), (kg/cm) or (st/in)
Measurement Range	5kg to150kg / 0st:11lb to 23st: 8lb / 11lb to 397.0lb
Weight Capacity	180 kg; 397 lb; 28 st 5 lb
Weight Graduation	kg: 0.1 kg / lb: 0.2 lb / st: 0.2 lb (<20 st); 1 lb (≥ 20st)
Height Range	3′3.5″-8′2.5″ or 100 cm-250 cm
Body Fat % Range	5 - 60% in graduations of 0.1%
Total Body Water % Range	20 - 80% in graduations of 0.1%
Muscle Mass % Range	10 - 80% in graduations of 0.1%
Bone Mass % Range	0.5 - 10 kg in graduations of 0.1kg
Normal Mode Age Range	18 years of age or older
Number of Users	8
Power Source	4 AAA Batteries
Auto-On	SENSE ON Technology
Auto-Off	Automatic Shut-off
Accessories	4-AAA Batteries and one Instruction Manual

GETTING STARTED

Preparing Your Body Analyzer

- 1. Open the battery compartment on the scale underside.
- 2. Insert batteries (4x AAA) observing the polarity signs (+ and -) inside the battery compartment.
- 3. Close the battery compartment.
- 4. Select kg, st or lb weight mode by the switch on the under side of the scale.
- 6. Position scale on a firm flat surface.

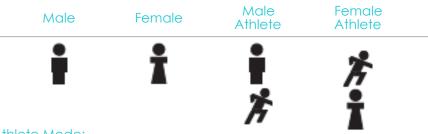
Initializing Your Scale

The first time you use your scale and anytime you move your scale it will need to be initialized so that it weighs you properly. Follow these quick steps to initialize your scale (after removing the insulating strip).

- 1. Place your scale on a hard flat surface, not carpet.
- 2. Press down on the center of the platform with your foot, then lift your foot off.
- 3. "0.0" will display.
- 4. Once the scale shuts down it is ready to use. From this point on simply step on the scale to take your measurement.

SETTING UP USERS

- 1. Press any button to activate the set up procedure.
- 2. Within 3 seconds, select a user number by pressing the Up or Down buttons. Press Set to confirm.
- 3. The male or female symbol will begin to blink. Use the "Up" or "Down" button to cycle through the icons and press the "Set" button to select the one that best identifies you.



Athlete Mode:

An athlete is defined as a person who is involved in intense physical activity of approximately 12 hours per week and who has a resting heart rate of approximately 60 beats per minute or less.

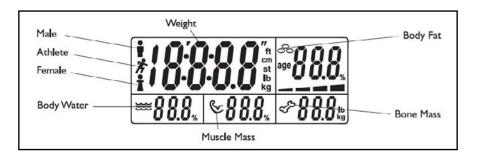
- 4. The height display will now begin to blink. Press the "Up" and "Down" buttons to adjust to your height then press the "Set" button to confirm.
- 5. The age display will now begin to blink. Press the "Up" and "Down" buttons to adjust to your age then press the "Set" button to confirm.
- 6. The display will show "0.0" before turning off. The user settings are now saved.

Repeat procedure to configure up to 8 users, or to change specific user details. Once a User has been created it can me modified but not deleted.

TAKING A MEASUREMENT

Your First Measurement

- 1. If you have not taken a measurement before use the "Up" and "Down" arrows to select the user number that identifies you.
- 2. Make sure your scale is on a hard flat surface, not carpet, and has been initialized.
- 3. When the Body Analyzer 1 displays "0.0" step onto the scale with your bare feet and ensure your feet are in good contact with the 4 stainless steel contact pads on the platform.
 - The condition of your skin on the bottom of your feet can affect the reading. To get the most accurate and consistent reading, wipe your feet with a damp cloth, leaving them slightly moist before stepping on the scale.
- 4. Stand still, and remain on the Body Analyzer 1 until the complete readout is displayed.
- 5. Your weight will display followed by a series of moving measurement indicators.
- 6. After 2-3 seconds, your weight will be joined by your body fat %, body water %, muscle mass % and bone density measurements.
- 7. You may step off of the scale, the measurement will continue to be displayed for 10 seconds, after which time the scale will turn off.



TAKING A MEASUREMENT

Every Other Measurement

- 1. Make sure your scale is on a hard flat surface, not carpet, and has been initialized.
- 2. The Body Analyzer 1 uses Sense on Technology and automatic user detection so simply step onto the platform to take your measurement
- 2. If you are taking a complete measurement be sure to remove your shoes and socks. You must have bare feet to obtain body fat and total body water measurements.
 - The condition of your skin on the bottom of your feet can affect the reading. To get the most accurate and consistent reading, wipe your feet with a damp cloth, leaving them slightly moist before stepping on the scale.
- 3. Step onto the platform and ensure that your feet are in good contact with the 4 stainless steel contact pads on the platform.
- 4. Stand still, and remain on the Body Analyzer 1 until the complete readout is displayed.
- 5. Your weight will display followed a series of moving measurement indicators.
- 6. After 2-3 seconds, your weight will be joined by your body fat %, body water %, muscle mass % and bone density measurements.
- 7. You may step off of the scale, the measurement will continue to be displayed for 10 seconds, after which time the scale will turn off.

Note:

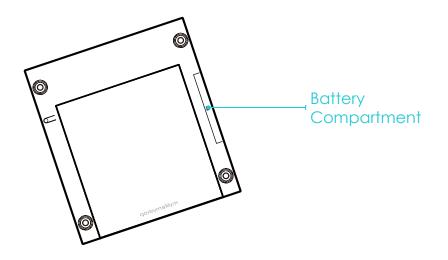
When the body fat reading displays, a horizontal bar will appear below the body fat reading. This corresponds to the Low, Normal, Moderate and High ranges.



When the "**Lo**" symbol appears it is time to replace your batteries. Remember Do Not dispose of the old batteries with regular household waste. Please refer to you local ordinances and recycling instructions regarding disposal of the worn batteries.

Replacing the Batteries

- 1. Open the Battery Compartment on the bottom of the Body Analyzer 1.
- 2. Remove the old batteries and dispose of them appropriately,
- 3. Insert the new batteries (4 X AAA) into the battery compartment according to the polarity indicators visible inside the compartment.
- 4. Once the new batteries are installed all the digits on the front LCD will light up.
- 5. Close the battery compartment and wait for the display to show "0.0".





TWO-YEAR WARRANTY

This My Life My Shop product is warranted to be free of manufacturer's defects in materials or workmanship for two years from the date of purchase. Damage or wear resulting from an accident, misuse, abuse, commercial use, or unauthorized adjustment and/or repair are not covered under this warranty.

Should this product require warranty service (or replacement at our discretion) please contact client service to obtain a Return Merchandise Authorization number (RMA) and return instructions. Proof of purchase is required. Products returned without a My Life My Shop generated RMA number will not be accepted and the sender will not receive a refund, replacement, or repaired product.

mylifemyshop info@mylifemyshop.com 1.888.870.2132

There are no express warranties except as listed to the right. This warranty gives you specific legal rights and you may have other rights which will vary from state to state.

DO NOT RETURN TO RETAILER, PLEASE CONTACT US DIRECTLY FOR WARRANTY SERVICE OR REPAIR, THANK YOU.

HOW THE BODY ANALYZER 1 WORKS

The Body Analyzer 1 uses BIA (Bio Impedance Analysis) technology which passes an electrical current through the body to estimate body fat mass, lean mass, total body water and bone mass. The electrical current is small and will not be felt. Contact with the body is made via stainless steel pads on the platform of the scale.

The scale simultaneously calculates your body fat percentage, total body water percentage, bone mass and muscle mass while measuring your body weight, offering you a more accurate reading of your overall health and fitness.

This scale stores the personal data of up to 8 users. In addition to being a body analyzer, it also can be used as a conventional scale.

MUSCLE MASS PERCENTAGE

According to the American College of Sports Medicine, lean muscle mass may decrease by nearly 50 percent between the age of 20 and 90. If you do nothing to maintain muscle mass, you could be losing muscle and increasing fat. It is also important to know your muscle mass percentage during weight reduction. At rest, the body burns approximately 110 additional calories for each kilo of muscle gained. Benefits of gaining muscle mass include:

- Reversing the decline in strength, bone density and muscle mass associated with aging
- Maintenance of flexible joints
- Guided weight reduction when combined with a healthy diet

BODY FAT PERCENTAGE

The human body is made up of, among other things, a percentage of fat. Body fat is vital for a healthy, functioning body;. However, too much or too little body fat can be unhealthy. It is difficult to gauge how much body fat we have in our bodies.

This is why it is important to measure and monitor your body fat percentage. Body fat percentage gives you a better measure of fitness than weight alone. The composition of your weight loss could mean you are losing muscle mass rather than fat. You could still have a high percentage of fat even when a scale indicates you are at a "normal weight."

Normal healthy range of Body Fat percentage

Standard for Men:

Source: University of Illinois Department of Food Science and Human Nutrition. Body Fat Percentage Calculator.

Rating	20-29	30-39	40-49	50-59	60 Plus
Low	<13	<14	<16	<17	<18
Normal	14-20	15-21	17-23	18-24	19-25
Mod. High	21-23	22-24	24-26	25-27	26-28
High	>23	>24	>26	>27	>28

Standard for Women:

Source: University of Illinois Department of Food Science and Human Nutrition. Body Fat Percentage Calculator.

Rating	20-29	30-39	40-49	50-59	60 Plus
Low	<19	<20	<21	<22	<23
Normal	20-28	21-29	22-30	23-31	24-31
Mod. High	26-31	30-32	31-33	32-33	33-35
High	>31	>32	>33	>34	>35

BONE DENSITY

Regular exercise and a balanced diet can help maintain healthy bones. Like muscle, bone is a living tissue that can respond to exercise by becoming stronger. For most people, bone density peaks in their thirties and then begins to decline. Regular exercise can help prevent this.

Calcium and vitamin D (good sources of which are dairy products, green leafy vegetables and fish) contribute to healthy bones. The bone mass readings given by this product are an estimation of the amount of bone in your body. Those with osteoporosis or low bone densities may not get accurate estimations. If you have any concerns regarding your bones you should consult your doctor.

Rating	20-29	30-39	40-49	50-59	60 Plus
Low	<7.6	<7.4	<7.0	<6.6	<6.3
Normal	7.6-8.4	7.4-8.2	7-7.8	6.6-7.4	6.3-7.1
High	>8.5	>8.3	>7.9	>7.5	>7.2

BODY WATER

Body water is the single most important component of body weight. It represents over half of your total weight and almost two thirds of your lean body mass.

All the cells in the body can only function properly if they have enough water. Water also plays a vital part in regulating the body's temperature, particularly through perspiration.

The combination of your weight and fat measurements could appear to be "normal" but your body hydration level could be insufficient for healthy living.

BODY WATER

Body water measurement results are influenced by the proportion of body fat and muscle. If the proportion of body fat is high, or the proportion of muscle is low, then the body water results will tend to be low.

It is important to remember that measurements such as body weight, body fat and body water are tools for you to use as part of your healthy lifestyle. Short term fluctuations are normal, we suggest you chart your progress over time, rather than focus on a single day's reading.

This product is for domestic use only.

Professional medical guidance should always be sought before embarking on diet and exercise programs.

PREGNANT WOMEN SHOULD CONSULT THEIR DOCTOR BEFORE USE.

	Body Fat & Range	Optimal Total Body Water & Range
	4-14%	70-63%
Men	15-21%	63-57%
	22-24%	55-37%
	25 and Over	70-58%
	4-20%	70-58%
nen	21-29%	58-52%
Wor	30-32%	52-49%
	33 and Over	49-37%

Normal healthy range of water weight percentage

Total Body Water Percentage

Source: Derived from Wang & Deurenberg: "Hydration of fat-free body mass." American Journal. Clin Nutr 1999,69833-841

FREQUENTLY ASKED QUESTIONS

How exactly is my body fat and water being measured?

This Body Analyzer uses a measurement method known as Bioelectrical Impedance Analysis(BIA). A minute current is sent through your body, via your feet and legs. This current flows easily through the lean muscular tissue, which has a high fluid content, but not easily through fat. Therefore, by measuring your body's impedance (i.e. its resistance to the current), the quantity of muscle can be determined. From this, the quantity of fat and water can then be estimated.

What is the value of the current passing through me when the measurement is taken? Is it safe?

The current is less than 1mA. You may not be able to feel it. Please note however, that this device should not be used by anyone with an internal electronic medical device, such as a pacemaker, as a precaution against disruption to that device.

If I measure my body fat and water at different times during a day, it can vary quite considerably. Which value is correct?

Your body fat percentage reading varies with body water content, and the latter changes throughout the course of the day. There is no right or wrong time of the day to take a reading, but aiming to take measurements at a regular time when you consider your body to be normally hydrated. It is not recommended to take readings after having a bath or sauna, following intensive exercise, or within 1-2 hours of drinking in quantity or eating a meal.

My friend has a Body Analyzer made by another manufacturer. When I used it I found that I got a different body fat reading to that on my own ANALYZER. Why is this?

Different Body Analyzers take measurements around different parts of the body and use different mathematic algorithms to

FREQUENTLY ASKED QUESTIONS

calculate the percentage of body fat. The best advice is not to make comparisons from one device to another, but to use the same device each time to monitor any change.

How do I interpret my body fat and water percentage readings?

Please refer to the Body Fat and Water tables included with the product. They will guide you as to whether your body fat and water reading falls into a healthy category (relative to your age and sex).

What should I do if my body fat reading is very 'high' ?

A sensible diet, fluid intake and exercise program can reduce your body fat percentage. Professional medical guidance should be sought before embarking on such a program.

Why are the body fat percentage ranges for men and women so different?

Women naturally carry a higher percentage of fat than men, because the make-up of the body is different being geared towards pregnancy, breast-feeding etc.

What should I do if my water percentage reading is 'low'?

Ensure that you are drinking enough water and work towards moving your fat percentage into the healthy range.

How do I use my ANALYZER while pregnant?

During pregnancy, a woman's body composition changes considerably in order to support the developing child. Under the circumstances, body fat percentage readings could be inaccurate and misleading.

PREGNANT WOMEN SHOULD CONSULT THEIR DOCTOR BEFORE USE.



- Clean exposed parts with a soft, slightly damp cloth. To remove stains, use a mild soap.
- Never use detergents, excess water, treated cloths, harsh cleaning agents, or sprays.
- Do not immerse the scale in water.
- Treat your scale with care. It contains sensitive electronic parts. Avoid rough treatment.
- Do not jump on, drop or kick the scale. Treat it with care to ensure the best performance.
- Do not store the scale where you store cleaning chemicals. The vapors from some household products may affect the electronic components of your scale.
- Do not attempt to lubricate, disassemble, or open the scale casing as this will void your warranty.
- Always weigh yourself on the same scale placed on the same floor surface.
- Do not compare weight readings from one scale to another as some differences will exist due to manufacturing tolerances.
- Placing your scale on a hard, even floor will ensure the greatest accuracy and consistency.
- It is recommended that you measure at the same time of the day, preferably early evening before a meal for the most consistent results.
- Your scale rounds up or down to the nearest increment.
- If you weigh yourself twice and get two different readings, your weight lies between the two.
- Do not dispose of batteries in fire. Batteries may explode or leak. Remove the batteries if the scale will not be used for a long period.



Every Other Measurement

BIA (Bio-electrical Impedance Analysis) method determines your body fat percentage by sending a harmless signal through the body.

This device should not be used by anyone with an internal electronic medical device, such as a pacemaker, as a precaution against disruption to that device.

If in doubt, contact your physician.



Every Other Measurement

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:(1) this device may not cause harmful interference, and (2) this device must accept any interference received, including interference that may cause undesired operation.

This inclu 5.1	
5.I	According to the type of protection against electric shock: a) EQUIPMENT energized from an external electrical power source;
	- CLASS I EQUIPMENT:
	- CLASS II EQUIPMENT.
	b) INTERNALLY POWERED EQUIPMENT.
5.2	According to the degree of protection against electric shock:
	- TYPE B APPLIED PART;
	TYPE BF APPLIED PART;
5.3	 — TYPE CF APPLIED PART. According to the degree of protection against ingress of water as detailed in the current
0.0	edition of IEC 529[see 6.1 1]].
5.4	According to the method(s) of sterilization or disinfection recommended by the
	manufacturer.
5.5	According to the degree of safety of application in the presence of a FLAMMABLE
	ANAESTHETIC MIXTURE WITH AIR or WITH OXYGEN OR NITROUS OXIDE:
	EQUIPMENT not suitable for use in the presence of a FLAMMABLE ANAESTHETIC
	MIXTURE WITH AIR OF WITH OXYGEN OR NITROUS OXIDE; — CATEGORY AP EQUIPMENT:
	- CATEGORY AP EQUIPMENT.
5.5	According to the mode of operation:
	- Continuous operation;
	— SHORT-TIME OPERATION;
	- INTERMITTENT OPERATION;
	- CONTINUOUS OPERATION WITH SHORT-TIME LOADING;
6.8	— CONTINUOUS OPERATION WITH INTERMITTENT LOADING. ACCOMPANYING DOCUMENTS
6.8.1*	General EQUIPMENT shall be accompanied by documents containing at least instructions
0.0.1	for use, a technical description and an address to which the USER can refer. The
	ACCOMPANYING DOCUMENTS shall be regarded as a component part of EQUIPMENT.
	All applicable classifications specified in Clause 5 shall be included in both the
	instructions for use and the technical description, if separable. All markings specified in
	Sub-clause 6.1 shall be included in full in the ACCOMPANYING DOCUMENTS if they have
	not been permanently affixed to EQUIPMENT by the manufacturer. See also Sub-clause
	6.1 d). Warning statements and the explanation of warning symbols (marked on the EQUIPMENT) shall be provided in the ACCOMPANYING DOCUMENTS.
6.8.2	Instructions for use
0.0.2	a) *General information
	 Instructions for use shall state the function and intended application of the
	EQUIPMENT.
	 Instructions for use shall contain all information necessary to operate the EQUIPMENT
	in accordance with its specification. This shall include explanation of the function
	of controls, displays and signals, the sequence of operation, connection and
	disconnection of detachable parts and ACCESSORIES, replacement of material which is consumed during operation.
	 Instructions for use shall provide the USER or OPERATOR with information regarding
	potential electromagnetic or other interference between the EQUIPMENT and other
	devices together with advice regarding avoidance of such interference.
	 Instructions for use shall include indications on recognized ACCESSORIES,
	detachable parts and materials, if the use of other parts or materials can degrade
	minimum safety.
	 Instructions for use shall instruct the USER or OPERATOR in sufficient detail concerning
	cleaning, preventive inspection and maintenance to be performed by him,
	including the frequency of such maintenance. Such instructions shall provide
	information for the safe performance of routine maintenance. Additionally, instructions for use shall identify the parts on which preventive inspection and
	maintenance shall be performed by other persons, including the periods to be
	applied, but not necessarily including details about the actual performance of such

- applied, but not necessarily including details about the actual performance of such maintenance the meaning of figures, symbols, warning statements and abbreviations on
- EQUIPMENT shall be explained in the instructions for use.
- *Responsibility of the manufacturer Not used (see Appendix A).
- SIGNAL OUTPUT and SIGNAL INPUT PARTS IF a SIGNAL OUTPUT or SIGNAL INPUT

GENERAL USE

PART is intended only for connection to specified EQUIPMENT complying with the requirements of this Standard, this shall be stated in the instructions for use

- Cleaning, disinfection and sterilization of parts in contact with the PATIENT For d) EQUIPMENT parts which come into contact with the PATIENT during NORMAL USE, instructions for use shall contain details about cleaning or disinfection or sterilization methods that may be used (see also Sub-clause 44.7) or, where necessary, identify suitable sterilization agents, and list the temperature, pressure, humidity and time limits which such EQUIPMENT parts can tolerate.
- Mains operated EQUIPMENT with additional power source Instructions for use el of mains operated EQUIPMENT containing an additional power source not automatically maintained in a fully usable condition shall contain a warning statement referring to the necessity for periodical checking or replacement of such an additional power source. If CLASS I EQUIPMENT is specified for operation connected to a SUPPLY MAINS and alternatively using an INTERNAL ELECTRICAL POWER SOURCE, instructions for use shall contain a statement saying that where the integrity of the external protective conductor in the installation or its arrangement is in doubt, EQUIPMENT shall be operated from its INTERNAL ELECTRICAL POWER SOURCE.
- f) Removal of primary batteries

Instructions for use of EQUIPMENT containing primary batteries shall contain a warning to remove these batteries if EQUIPMENT is not likely to be used for some time, unless there is no risk of a SAFETY HAZARD arising.

- Rechargeable batteries g) Instructions for use of EQUIPMENT containing rechargeable batteries shall contain instructions to ensure safe use and adequate maintenance.
- EQUIPMENT with a specified power supply or battery charger Instructions for use h) shall identify power supplies or battery chargers necessary to ensure compliance with the requirements of this Standard.
- Environmental protection Instructions for use shall:
- identify any risks associated with the disposal of waste products, residues, etc. and of the EQUIPMENT and ACCESSORIES at the end of their useful lives;
- provide advice on minimizing these risks.
- 6.8.3 Technical description a) *General

The technical description shall provide all data, which is essential for safe operation. This shall include:

- data mentioned in sub-clause 6.1;
- all characteristics of the EQUIPMENT, including range(s), accuracy, and precision of the displayed values or an indication where they can be found. In addition to details required to be included in instructions for use, the technical description shall state whether particular measures or particular conditions are to be observed for installing EQUIPMENT and bringing EQUIPMENT into use.
- Replacement of fuses and other parts
- If the type and rating of fuses utilized in the mains supply circuit external to PERMANENTLY INSTALLED EQUIPMENT is not apparent from the information concerning RATED current and mode of operation of EQUIPMENT, the required type and rating of fuses shall be indicated in at least the technical description.
- The technical description shall contain instructions for replacement of interchangeable and/or detachable parts which are subject to deterioration

NORMAL USE.

- Circuit diagrams, component part lists, etc. The technical description shall contain a statement that the supplier will make available on request circuit diagrams, component part lists, descriptions, calibration instructions, or other information which will assist the USER's appropriately qualified technical personnel to repair those parts of EQUIPMENT which are designated by the manufacturer as repairable.
- Environmental conditions for transport and storage The technical description shall d) contain a specification of the permissible environmental conditions for transport and storage which shall be repeated on the outside of the packaging of the EQUIPMENT [see Sub-clause 6.1 v]]

6.8.4 Not used

- 6.8.5 Not used
 - Compliance with the requirements of Sub-clause 6.8 is checked by inspection of the ACCOMPANYING DOCUMENTS.

Thank You for choosing my life my shop!

A healthy life should be full of wonderful surprises, so we would like to offer you



your next purchase at MyLifeMyShop.com

YOUR SPECIAL DISCOUNT CODE:

Just enter your special discount code at checkout on your next purchase from:

mylifemyshop.com

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