

Inches	CM			
Fitted	Stretch Fitted	One Size		
21 1/4	53.9	6 3/4	S/M	
21 5/8	54.9	6 7/8		
22	55.9	7	One Size Fits Most	
22 3/8	56.8	7-1/8	M/L	
22 3/4	57.8	7-1/4		
23 1/8	58.7	7 3/8		
23 1/2	59.7	7 1/2	L/XL	
23 7/8	60.6	7 5/8		
24 1/4	61.6	7 3/4		
24 5/8	62.5	7 7/8		
25	63.5	8		