#### The Cottage Pancakes, French Toast & More

**Buttermilk Pancakes** 41AED Our house made pancakes made with buttermilk griddled to a golden brown topped with Sidr honey butter. Served

**French Toast** 45AED

with pure maple syrup. 395g - 174cal\*

Our delicious brioche bread, drenched in fresh cream and egg batter, griddled to a golden brown. Served with whipped cream, Sidr honey butter and pure maple syrup.444g - 245cal\*

Classic Belgian Waffle 52AED Old-fashioned Belgian buttermilk waffle. Served with pure maple syrup and butter. (With fresh berries add 17AED fresh fruit 13AED) 523q - 331cal\*

#### **Egg** Dishes

**Urth English Breakfast §** 55AED Two eggs any style, Urth potatoes,

mixed mushrooms, oven roasted tomato, turkey bacon, chicken sausage and whole wheat toast. 220q - 155cal\*

**Benedict Egg Royale Smoked Salmon** 52AED **Turkey Bacon** 48AED

Toasted English Muffin, topped with poached eggs, natural smoked salmon & hollandise sauce. 220g - 186cal\*

Eggs Any Style 🗞 🐧 37AED

Eggs cooked any style, served with mixed greens salad, dressed with Urth vinaigrette. Served with salsa and fresh baked bread. 281q -135cal\*

Burrito (with beef) 67AED or (without beef) 52AED Wheat tortilla with

scrambled eggs, organic black beans, monterey jack cheese, guacamole and salsa. served with a mildchipotle suace

Avocado Crush 🗞 👔

45AED

Avocado spread on toast, topped with poached egg, zatar and chili flakes.

The Italian Omelet **3 4**2AED Three eggs, loaded with mozzarella,

chicken sausage and served with tomato relish on the side. 314q - 153cal\*

Mediterranean Shakshuka 52AED

Peppers, onions, garlic and herbs in tomato sauce topped with three fried eggs andserved with toasted bread. 566a-198cal\*

Foul 🕲 🕄

32AED

Homemade cooked Fava beans seasoned with olive oil, tomato & herbs served with fresh baked Urth Pita bread.431q-302cal\*



### By The Bowl

The Urth Parfait

40AED

**Organic Oatmeal Plain** 36AED

Organic Oatmeal Cooked 42AED **Banana with Caramel Sauce** 179a - 263cal\*

#### Urth Sandwiches



The Egg Sandwich **3** 48AED Eggs with avocado, Monterey Jack Cheese, Roma tomatoes, Bellpapper lettuce and mayonnaise on a rustic roll. Served with mixed greens salad.465q-217cal\*

Cheese Melt Sandwich® (Plain) 39AED With Tomato 39AED Or with Turkey 49AED

Monterrey Jack pepper, Mozarella & cheddar cheese melted in butter toasted bread loaf slices.

Grilled Cilantro Chicken Half 37AED **Breast with Pesto** ♥Full 62AED Sandwich 🚷 🖚

H:115g - 113cal\* | F:354g - 121cal\*

310g - 277cal°

The"New Yorker" Sandwich 🕲 🕄

A classic Reuben sandwich with pastrami, Russian dressing, Emmental Cheese on thick slices of marble bread grilled golden brown. Served with mixed greens salad and cornichon pickles.471g -189cal°

Panini El Diablo 🛭 🗈 Grilled cilantro marinated chicken breast, three chili sauce, thinly sliced jalapeno, micro cilantro and Monterey Jack cheese.

Grilled Veggies with Half 37AED Pesto Sandwich Full 62AED

Eggplant, zucchini, mushroom and roasted peppers. H:165g - 467cal\* | F:165g-467cal\*

#### **Breads & Pastries**

Toasted Bagel 😵

Served with butter 16AED Jam and cream cheese 16AED 200g - 290cal\*

16AED **Brioche Breakfast** Fresh baked Urth Brioche.Served with butter, jam and cream cheese.

**Urth Croissants** Butter/100a - 450ca/\*

Zaatar Croissant 170g - 471cal\* 17AED Cheese Croissant 1859 - 422cal\* 17AED 17AED Nutella 166g - 392cal°

Muffins

17AED Blueberry 190g - 384cal\* Chocolate 161a - 342cal\* 17AED 17AED Banana 160q - 388cal\*

15AED

The Cottage Cakes 45AED Signature Dish

Our house made buttermilk pancakes batter filled with fresh bananas. Griddled to a golden brown, topped with fresh whipped cream, Sidr honey butter, Cajeta and sweet crumbles. 657g - 196cal\*

## Sides

- Cream Cheese, Cottage Cheese, 4AED Urth Jams - Pure Maple Syrup, 6AED Peanut Butter, Fresh Salsa 6AED Greek Yogurt Sliced Organic Tomato 7AED Avocado or Black Beans 12AED Fresh Berries 17AED Fresh Fruits 13AED 16AED - Chicken Sausage 16AED - Turkey Bacon Natural Smoked Salmon 32AED

# Side Dishes

4AED - Extra Dressing Mixed Olives (with pits) 13AED 6AED 6AED 10AED 12AED Grilled Veggies 31AED 41AED

#### Signature Salads

The Urth Salad 💿

Our famous salad made with freshly grown mixed greens, feta cheese, Roma tomatoes, heart of palm, garbanzo beans, Kalamata olives (with pits), and pine nuts in Urth vinaigrette dressing. 255g - 67cal\*

Caravan Kale Salad

Organic Tuscan kale, organic red quinoa, cucumbers, heirloom tomatoes, roasted yams, red onion, pita chips, ricotta chesse and fresh mint tossed in our pomegranate vinaigrette. 257q - 121cal\*

The Tostada Salad 🕲 62AED

A salad served in a fried tortilla shell with your choice of grilled chicken or veggies on a bed of black beans and romaine lettuce tossed in our lime cilantro vinaigrette. Garnished with salsa, guacamole, Monterey Jack cheese and sour cream served on the side. 390g - 172cal\*

#### Urth Pizza

Margarita Pizza 🎯 🔞 Tomatoes, fresh mozzarella and basil.

La Picante Pizza 🖚 66AED

Lots of mozzarella and cheddar cheese, thin sliced jalapenos and marinated chicken.

Pepperoni Pizza 🔞 65AED

Italian Pepperoni, tomato sauce, mozzarella cheese, sliced fresh red chilly, topped with gherkins, baby argula and goat cheese 184g-250cal\*

Pizza Ripiena Sandwich turkev ham

Pizza stuffed with Turkey Ham, mild pepper dew with melted mozzarella and mayonnaise topped with rocket leaves, parmigiana Reggiano, detterino tomato and Extra virgin olive oil.

Pizza Ripiena Sandwich 9 8 55AED

Pizza stuffed with Urth grilled vegetables (zucchini, eggplant, mushroom and roasted bell peppers) with melted mozzarella and pesto mayo topped with rocket leaves, parmigiana Reggiano and Extra virgin olive oil.

#### Main Course



**Urth Quesadilla** 

Grilled chicken or pot roast (Also available: cheese & grilled veggies) Monterey Jack cheese melted in a flour wheat tortilla. Served with blackbeans, sour cream, guacamole and salsa. 617g - 113cal\*

Beyond Burger (S) 54AED

Beyond patty, lettuce, vegan bun, vegan mayo, tomato, caramelized onions, vegan cheddar cheese.

**Beef Sliders** 

Triple wagyu beef patty, homemade burger bun, caramelized onion, tomato slice, lettuce cheddar cheese. 522q -165cal\*

Wagyu Tagliatelle 65AED Tagliatelle pasta slow cooked Wagyu,

shallot, thyme, 24 Months Aged Reggiano Parmigiano, basil.

Chicken Milanese & Fries 69AED Chicken breast, Panko bread crumbs, eggs, seasoned flour.

**Soups Du Jour** 27AED Served with fresh baked bread and butter.

**Parmesan Fries** 39AED

You can have a sprinkle of truffle salt if you like. 302g-129cal\*

Penne All' Arabiatta 55AED with Shrimps

Mild Spicy shrimp pasta in light tomato sauce, detterino tomato, chilly and parsley.

The salmon dish Pan seared crispy skin salmon fillet with

balsamic glazed roasted beetroot, fennel, red radish, rocket leaves and feta cheese with pepper corn dressing.

Tagliatelle Alfredo

Tagliatelle pasta cooked in truffle flavored cream sauce with chicken, mushrooms, basil, parmigiana Reggiano and mozzarella cheese.

#### Grilled Chicken with Sweet Potato 69AED

Mustard and lemon marinated chicken breast, sweet potato mashed with sage & butter, wilted baby spinach with garlic, sage and hazelnut flavored demi-gl ace sauce

480g - 706cal®

**Sweet Potato Fries** 32AED Served with chilli mayo

& Tomato ketchup 281a - 35cal\*

**Chicken Slider** 56AED 3 pcs of batter fried crispy chicken breast, spicy sriracha mayo, sliced

pickled dill cucumber with fries.

#### Cakes & Desserts

Coconut Royale 227q - 269cal\* Chocolate Crown Cake 105q - 429cal\* 40AED per slice

Banoffee Pie 330a - 254cal\* 37AED

**New York Cheesecake** 37AED 289q - 349cal\*

Decadent Brownie 330a - 254cal\* Served warm with vanilla ice cream. 40AED

Urth Italian Tiramisu 263q - 395cal<sup>®</sup> 37AED

**Chocolate Chunk Pecan** Oatmeal - Raisin

**Chocolate Chunk** 

16AED each

**Vegan Chocolate Cake** 32AED

Our vegan chocolate cake contains absolutely no dairy, eggs, or animal products of any kind. 105g - 590cal\*

Hazelnut Chocolate Cake 40AED Layres of chocolate sponge filled with chocolate mousse and Nutella filling, glazed with Ginduja ganache. 385q - 385cal\*

#### **Urth Special Desserts**



Glazed Fresh berries on vanilla custard cream in pastry tart shell. contains almonds. 185g - 195cal\*

Tri Latte 37AED Vanilla sponge cake soaked in 4 different sweet milk, a layer of Chantilly cream

and iced with a caramelized meringue. 553q - 342cal\*

Flourless 37AED Gluten free exquisite chocolate cake.

144g - 390cal\*

37AED **Honey Cake** 4 layers of homemade honeycomb

biscuits stuffed with light sour cream, dusted with fine honeycomb powder. 411g - 248cal\*

**Urth Italia Toffee Pudding** 40AED

Traditional hot sticky toffee pudding infused with Urth Italia coffee served with vanilla ice cream with coconut crumble.



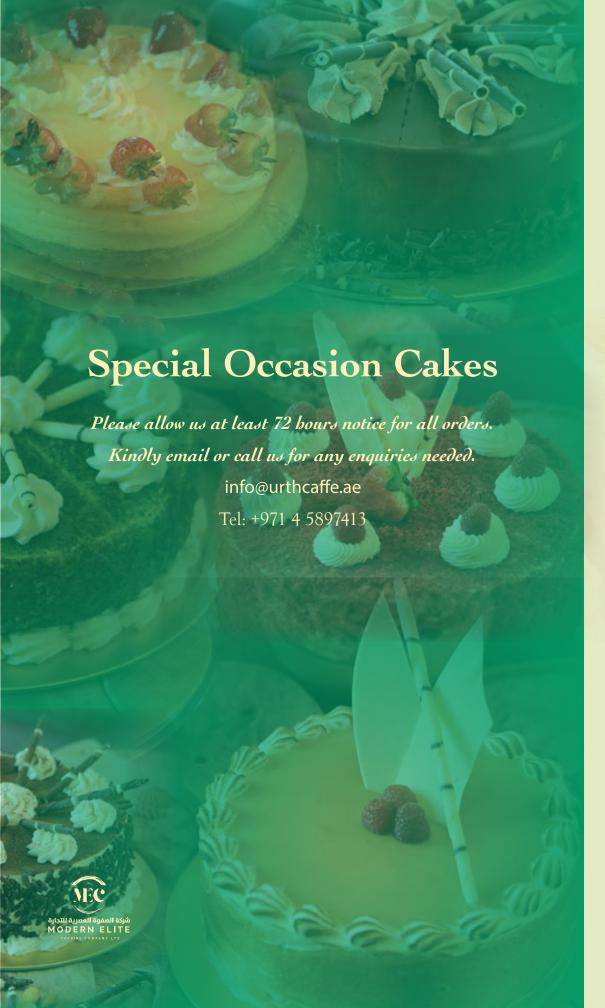
All prices are inclusive of 5% VAT | \*Calories per 100g, g:gram, cal:caloies

All prices are inclusive of 5% VAT | \*Calories per 100g, g:gram, cal:caloies Available Upon Request \delta Gluten Free 💿 Dairy Free 🔮 Vegan. Please inform our team if you have the above dietary requirments

66AED

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#### **ESPRESSO DRINKS**

Add organic milk to your drinks for a fuller

Organic Milk Extra

SM 4AED MED 6AED LG 10AED Single Double

16AED 13g - 13cal 19AED 26g - 25cal

Espresso Macchiato 18AED 20AED Our espresso with a dollop of steamed milk.

20AED 23AED Caffe Bebero A short espresso layered with sweetened

condensed milk, 54a - 110cal Green or Red Tea Espresso 8g - Ocal 26AED Green or Red Tea Bebero 8g - Ocal 28AED

SM MED LG 17AED 19AED 23AED Americano 24AED 26AED 28AED Cappuccino Espresso capped high with lots of foamy milk.

Italian Cappuccino 24AED 26AED 30AED Authentic Italian cappuccino prepared by carefully folding thick, creamy frothed milk into espresso. recommended!207g - 57cal\*

Caffe Latte 24AED 26AED 30AED Some say ours is the best in the world! 255a - 51cal\* Spanish Latte 25AED 28AED 31AED A sweet, creamy cafe latté inspired by coffee in

Honey Vanilla Latte 26AED 28AED 31AED Vanilla, a touch of honey, espresso and

steamed milk. 255g - 51cal\* Caffe Mocha 24AED 26AED 31AED Rich, hot cocoa poured over espresso. Mocha Mint 24AED 26AED 31AED Mint flavor, whip cream with mint chocolate

shavings. 273g - 66cal\* Caffe Quadra 25AED 27AED 31AED Extra strong cafe latté prepared with many ristretto espresso shots.301q - 76cal\*

Rude Awakening 20AED 23AED 27AED Our famous dark Manhattan Mudd<sup>TM</sup> coffee with espresso poured on top!281g - 53cal\*

Caffe Breve 23AED 25AED 29AED Espresso drink prepared with half n half. (Half whole milk and half cream). 455g - 114cal

#### COFFEE & COCOA

SM MED LG Coffee of The Day 11AED 13AED 15AED

One Refill of Coffee 6AED 7AED 8AED

**Hot Cocoa** 23AED 25AED 28AED Organic Milk 17AED 20AED 24AED

With natural vanilla, sugar free vanilla, gingerbread, hazelnut, almond, caramel, coconut, banana, mango or mint flavor. 281g - 53cal\*

French Press Coffee ♥ 20AED 26AED

JUICES & SMOOTHIES



MED LG

Fresh Juice 28AED 34AED

Fresh squeezed from seasonal fruits

delivered daily, orange 358q - 48cal\*, apple 355q - 48cal\*, carrot. 339q - 38cal°

**Smoothies** 28AED 34AED

Choose from fresh seasonal fruits of the day, such as strawberries, bananas, kiwis, pineapple and mango. Please ask for availability.212g - 61cal\*

Homemade Lemonade 25AED

Naturally delicious.

#### **BLENDED ICE DRINKS**



Made individually to order. NO hydrogenated oil, artificial flavors or preservatives. Most can be made sugar free.

Spanish Latte Granita 29AED Our most famous blended ice drink - creamy and sweet.226g - 119cal\*

**Caffe Granita** 28AED

Blended ice cappuccino with creamy vanilla. 182g - 154cal\*

Caffe Mocha Granita 31AED Blended ice mocha with rich chocolate and organic espresso.656g - 79cal\*

Caffe Glace 31AED House made vanilla milkshake drenched with

organic espresso.310g - 187cal\*

**Monkey Granita** Organic espresso, organic matcha green tea or

organic Rooibos with fresh banana milkshake.

Milkshake 28AED Chocolate or Vanilla. 868g - 479cal\*

#### **URTH BOBAS**



Exotic ice tea cocktails blended orshaken to order. Made with organic tea, natural flavors, milk\*\* and tapioca pearls.

On ice Blended

Organic Green Tea Boba\* 31AED 34AED

Organic Black Tea Boba\* 31AED 34AED

188q - 176cal\*

Organic Earl Grey Tea Boba\* 31AED 34AED \*Available with natural vanilla, sugar free vanilla, gingerbread, hazelnut, almond, caramel, coconut,

banana, mango or mint flavor. 186q - 145cal\* Organic Moroccan Mint Boba 31AED

34AED 208g - 139cal\*

> Thai Red Tea Boba 31AED 34AED

\*\*Soy, rice, almond or organic milk substitutions available for an additional charge. 206q - 112cal\*

- Add flavors to any drink 4AED Vanilla, gingerbread, hazelnut, almond, caramel, coconut, banana, mango or mint.
- ♥ Add Boba tapioca pearls to any drink 7AED
- ♥ Real whipped cream add 4AED Substitute almond, rice, soy or coconut milk in any drink.
- Drinks can be made unsweetened upon
- Recycle! Bring your own tumbler for a 1AED DISCOUNT

#### **ORGANIC TEA** DRINKS



SM MED LG

16AED Choose from our world class, hand-picked estate teas: Black, oolong, green and certified organic herbal infusions. 4a - Ocal

**Green Americano** 

Made with organic Wazuka green tea. 4g - 0cal African Tea Latte 27AED 29AED 33AED Organic Rooibos tea with traditional African spices.

Divine Spice Chai Latte 27AED 29AED 33AED Our own multi herbal tea prepared with steamed milk and honey in the Indiantradition -naturally caffeine free! 170g - 141cal\*

English Tea Latte 27AED 29AED 33AED A rich creamy organic tea latté... Perfect for high tea! 237g - 51cal\*

Japanese Tea Latte 27AED 29AED 33AED Made with organic matcha green tea. 231q - 48cal Moroccan Tea Latte 27AED 29AED 33AED

Made with organic matcha and cool cream mint. 237a - 51ca/\* Thai Red Tea Latte 27AED 29AED 33AED A creamy Thai style latté with organic Rooibos.

277a - 43cal\* Iced Tea of the Day 20AED 23AED Urth Ice Tea

Half tea, half lemonade. 480g - 6cal\*

#### **SODAS & BOTTLED DRINKS**

Pepsi, 7up and

Still or Sparkling Mineral Water 500 ml 1 Lt

16AED 26AED





# Menu

Los Angeles 💛 Tokyo 💛 Riyadh Dubai 🛡 Jeddah

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