

THE HISTORY OF

# AFTERNOON TEA



Afternoon Tea was introduced in England by Anna, the seventh Duchess of Bedford, in the year 1840.

The Duchess would become hungry around four o'clock in the afternoon. The evening meal in her household was served fashionably late at eight o'clock, thus leaving a long period of time between lunch and dinner.

## GIFT VOUCHERS

FOR AFTERNOON TEA

Can be purchased at  
[www.oldshipbrighton.co.uk](http://www.oldshipbrighton.co.uk)  
A wonderful gift for any occasion

### CREAM TEA

£9.50 per person  
1001 Kcals

Two warm traditional scones with strawberry jam and clotted cream

### TRADITIONAL AFTERNOON TEA

£21.50 per person

#### SANDWICHES

630 Kcals

Classic coronation chicken  
Trio of cheese and caramelized onion  
Egg mayonnaise with watercress  
Cucumber and cream cheese

#### SWEET TREATS

940 Kcals

A warm traditional scone with strawberry jam and clotted cream  
Mini Victoria sponge  
Chocolate brownie  
Mini raspberry Bakewell  
Coffee and walnut cake

Add a glass of **BUBBLY**  
for an additional £6 per person



Add a **WINTER COCKTAIL**  
for an additional £8.50 per person

All served with your choice of tea or coffee. Please choose from:  
Traditional • Camomile • Earl Grey • Peppermint • Lemon and Ginger  
Cranberry and Raspberry • Green Tea • Americano • Latte • Cappuccino

\*If you have a food allergy, intolerance or sensitivity please speak with your server about ingredients in our dishes before you order your meal. On average, an adult needs to consume 2,000 calories per day