



Shop 3, Rear of 403 Whitehorse Rd Balwyn
Phone (03) 9042 0245 / 0466370837
@sopa.balwyn / sopacafe.com

BYO Alcohol (Available Early December)

All Day Breakfast (9am to 4pm)

Kids' Breakfast "12 & under" (GFO , NF) 12

Scrambled Egg - Kaiser Bacon - House Baked Croissant

Sourdough / Multigrain / Ciabatta / Fruit Toast 8 / Gluten Free +2

Served with Butter, Jam, Nutella, Peanut Butter or Vegemite

Eggs Your Way (GFO , NF, V) 14

Scrambled / Poached / Fried Free Range Eggs on Toast

Balwyn Big Breakfast (GFO , NF) 26

Eggs Your Way - Confit Mushroom - Truss Tomatoes - Hash Brown - Maple Kaiser Bacon -
Toasted Sourdough

Extras

Chipotle Aioli / Extra Egg / Hollandaise **3**

Confit Mushroom / Sautéed Spinach / Truss **4**

Avocado / Fries / Hash Browns / Kaiser Bacon **5**

Crispy Pork Belly Benedict (GFO , NF) 26

5 Asian Spices - Shallotte - Broccolini - Poached Eggs - Hollandaise - Grilled Ciabatta

Crab Scrambled (GFO , NF) 25

Croissant - Blue Swimmer Crab - Truffle Oil - Parmesan Cheese - Flying Fish Roe

Baked Eggs (GFO , NF) 24

Chorizo - Cannellini Bean - Tomato - Jalapeno - Spinach - Mozzarella & Parmesan Cheese -
Grilled Ciabatta

Smashed Avocado (GFO , NF, V) 24

Truss Tomatoes - Pickled Baby Beetroot - Poached Egg - Sesame - Toasted Multigrain

Buttermilk Hot Cakes (NF , V) 22

Seasonal Fruit - Whipped Chocolate Ganache - Salted Caramel Popcorn - Orange Maple

GF = Gluten Free, GFO = Gluten Free Option NF = Nut Free, DF = Dairy Free, V = Vegetarian

Brunch (9am to 4pm)

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Kids' Chicken Nuggets w Fries "12 & under" (NF) 12

Soups with Ciabatta

Pumpkin Soup (GF , DFO , NF , V) **13**

Roasted Tomato (GF , NF , V) **13**

Pea & Ham (GF , NF) **15**

Chicken & Corn (GF , NF) **15**

Burgers

Spiced Buttermilk Chicken Burger (GFO , NF) 26

Crispy Fried Chicken with Pawpaw Slaw - Chipotle Aioli - Brioche Bun -
American Cheese - Fries

Wagyu Beef Burger (GFO , NF) 28

Grilled Wagyu Beef with Pawpaw Slaw - Fried Egg - Chipotle Aioli - Brioche Bun -
American Cheese - Fries

Meat

Crispy Pork Belly (GF , NF) 26

5 Asian Spices - Asian Greens - Sweet Chilli Soy - Jasmine Rice

Phanaeng Beef Cheek (GF , DF , NFO) 30

Thai Style Slow Cooked Beef Cheek - Winter Vegetable - Taro Chips - Jasmine Rice

Seafood

Seafood Linguini (DF , NF) 29

Lobster Bisque - Mixed Seafood Medley - Barramundi - Parmesan

Miso Barramundi (GF , DF, NF) 29

Miso Marinade - Dashi Broth - Asian Greens - Tempura Enoki - Jasmine Rice

Teriyaki Salmon (GF , DF , NF) 30

Crispy Skin Salmon - Teriyaki Marinade - Grilled Asparagus - Jasmine Rice

Dessert

Pandan Sago Deluxe (GF , DF , V) 18

Raspberry Gel - Seasonal Fruit - Toasted Coconut – Pistachio

Sticky Rice Deluxe (White or Black) (GF , DF , NF , V) 18

Coconut Cream – Mango Slices - Toasted Coconut - Golden Bean

Sandwiches & Rolls

Toasted Panini, Pitta or Croissant (GFO , NF)

Kaiser Bacon, Lettuce, Tomato, Tomato Relish, Mozzarella **14**

Grilled Chicken, Chipotle Aioli, Spinach, Brie **14**

Ham, Cheese & Tomato **12**

Bacon & Egg **12**

Cakes & Pastries (9am to Close)

Signature Cheesecake Brownies (NF , V) 9

Cheesecakes & Cakes 9

New York (NF , V)

Blueberry (NF , V)

Strawberry (NF , V)

Mango (NF , V)

Basque Plain (GF , NF , V)

Basque Chocolate (GF , NF , V)

Basque Matcha (GF , NF , V)

Carrot Cake (V)

Red Velvet Cake (NF , V)

Chocolate Mud Cake (NF , V)

Pastries

Plain Croissant (NF , V) **7**

Escargot (NF , V) **7**

Cherry Danish (NF , V) **7**

Almond Croissant (NF , V) **8**

Pistachio & Raspberry Croissant (NF , V) **8**

Apple Crumble Danish (NF , V) **8**

Banana Bread (NF , V) **6**

Cookie (V) **2.50**

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Thai Menu (9am to 8.30 Mon to Thurs / 9.30 Fri to Sun)

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Entrees 12

Chicken Satay w Peanut Sauce (GF , DF)

Vegetable Spring Roll (DF , V)

Chicken Curry Puffs (DF)

Fish Cake (GF , DF)

Torpedo Crumbed Prawns (DF , NF)

Stir Fry

Khaw Phat (Fried Rice) Chicken (GF , DF , NF) 20

Fried Rice with Chicken - Vegetables - Egg - Garlic

Fried Tofu w Vegetables (GF , DF , NF , V) 21

Fried Tofu - Mixed Vegetable - Jasmine Rice

Pad Thai Prawn (GF , DF) 22

Rice Noodles - Prawns - Tofu - Asian Vegetables - Tamarind - Peanut

Pad Ka Prao Linguini w Prawns (DF , NF) 22

Prawns - Green Bean - Thai Basil - Chilli - Linguini

Pad Ka Prao Pork w Egg (GF , DF , NF) 22

Stir-Fried Pork - Green Bean - Thai Basil - Chilli - Fried Egg - Jasmine Rice

Pepper Beef w Onion (GF , DF , NF) 23

Stir-Fried Beef - Capsicum - Onion - Pepper - Jasmin Rice

Curry

Vegetable Green Curry (GF , DF , NF , V) 21

Spiced Coconut Curry Sauce - Mixed Vegetable - Jasmine Rice

Massaman Curry with Sweet Potatoes and Tofu (GF , DF , V) 21

Lightly Spiced Coconut Curry Sauce - Sweet Potato - Crispy Tofu - Peanut - Jasmine Rice

Chicken Green Curry (GF , DF , NF) 22

Slow Cooked Chicken Breast in a Spiced Coconut Curry Sauce - Zucchini - Thai Basil
- Jasmine Rice

Panang Chicken Curry (GF , DF , NF) 22

Slow Cooked Chicken Thigh in a Lightly Spiced Coconut Curry Sauce - Baby Corn - Kafir Lime
- Thai Basil - Jasmine Rice

Massaman Curry with Beef (GF , DF) 23

Slow Cooked Beef in a Lightly Spiced Coconut Curry Sauce - Potato - Peanut - Jasmine Rice

Prawn Red Curry (GF , DF , NF) 23

Prawns Infused in a Lightly Spiced Coconut Curry Sauce - Mixed Vegetable - Kafir Lime
- Jasmine Rice

Roast Duck Red Curry (GF , DF , NF) 24

Aromatic Roast Duck Breast - Lightly Spiced Coconut Red Curry Sauce - Pineapple
- Kaffir Lime - Jasmine Rice

Specialty

Taiwanese Pork Belly (GF , DF , NF) 23

Slow Cooked Pork Belly in Asian Spice - Citrus - Bok Choy - Soft Boiled Egg - Jasmine Rice

Dessert

Pandan Sago (GF , DF , NF , V) 14

Black Sticky Rice w Coconut Cream (GF , DF , NF , V) 14

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Allergy Disclaimer

While we take steps to minimise risk and safely handle the foods that contain potential allergens, please be advised that cross-contamination may occur as factors beyond our reasonable control. At Sopa, we make every effort to identify ingredients that may cause allergic reactions for those individuals with food allergies however cannot guarantee completely allergy-free meals. This is due to the potential of trace allergens in the working environment and supplied ingredients.



Cheesecake Brownies (NF , V) 7*6" \$39
Made with Belgian Chocolate & Belgian Cocoa Powder

Japanese-Style Basque Cheesecake (GF , NF, V)
Plain 9" \$65
Chocolate (made with Mork) 9" \$69
Matcha (made with Konomi) 9" \$69

New York Cheesecake (NF , V) 9" \$65
With Oreo or plain biscuit base

Fruit Cheesecake (NF , V) 9" \$69
Blueberry
Strawberry
Mango

Mango Gold (NF , V) 9" \$79
Layers of sliced Bowen Mango & Cooked Mango

Chocolate Mud (NF , V) 9" \$75
Made with Belgian Chocolate & Belgian Cocoa Powder
Topped with a double layer of Chocolate Ganache

Red Velvet (NF , V) 9" \$75
Made with Belgian Cocoa Powder
Topped / Centred with Cream Cheese Frosting

Carrot Cake (V) 9" \$69
With Walnuts & Raisins
Topped with Cream Cheese Frosting & Pistachio

Banana Cake (V) 9" \$69
Topped with Cream Cheese Frosting & Walnuts

Cup Cakes (NF , V) Set of 12 \$69
Choice of Vanilla, Red Velvet, Carrot or Banana
Topped with Cream Cheese Frosting

8" Cakes less \$10
7" Cakes less \$20

Extra Cream Cheese Frosting on any cake add \$9
Upgrade any 9" Round Cake to a 10" Square Cake add \$20

Drinks (9am to Close)

Coffee

Odyssey Coffee Roasters

Latte, Cappuccino, Flat White,
Long Black, Magic, Piccolo,
Mocha (+50c)

4, 4.5, 5

Short / Long Macchiato 4

Ristretto, Double Espresso 4

Pour Over 8

Hot Chocolate

made with Mork

Junior (50% cacao)

Original Dark (70% cacao)

4.5, 5, 5.5

Chai Latte

4, 4.5, 5

Wet Chai

made with Calmer Sutra

5.5

Spiced Cacao

made with Calmer Sutra

5.5

Turmeric Golden Latte

made with Calmer Sutra

4.5, 5, 5.5

Matcha Latte

made with Konomi

4.5, 5, 5.5

Extras

Happy Happy Soy Boy, Milk Lab Almond, & Alternative Dairy Oat

Skinny Free	Extra Shot 50c
Soy Milk 0.7	Single Origin 1
Almond Milk 0.7	Decaf 50c
Oat Milk 0.7	Babycino 50c

Pot of Tea 5

The Tea Collective

English Breakfast, Wild Earl Grey,
Organic Sencha, Ginger Zing,
Peppermint

Cold Drinks

Iced Latte 5.5 Iced Chai 5.5

Thai Milk Tea 6

Iced Coffee (with Ice Cream) 6

Iced Mocha 6 Iced Chocolate 6

Extras

Whipped Cream +50c

Ice Cream +50c

Frappe +1

Milk Shakes 7.5

Caramel, Chocolate,
Strawberry or Vanilla

Smoothies 8.5

Balwyn Berry: Blueberry, Blackberry,
Strawberry, Soy Milk, Yoghurt

Morning Glory: Banana, Blueberry,
Honey, Soy Milk, Yoghurt

El Troppo: Mango, Pineapple,
Honeydew, Coconut Milk, Yoghurt

Fresh Squeezed Juice 8.5

Design your own with:
Apple, Carrot, Celery, Orange
Add Ginger 1

Karma Cola 5.5

Cola, Cola Sugar-Free, Lemmy
Lemonade, Lemmy Lemon Lime Bitters,
Gingerella, Razza Raspberry
Lemonade, Sparkling Black Currant,
Blood Orange, Red Grapefruit
Sparkling / Still Water
(500ml +3)

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