## A6ayomice rel

## **Gf**-Gluten free **Df**-Dairy free **Nf**-Nut free **Vg**-Vegan **V**-Vegetarian

and capsicum

SOUR	<u> </u>	STARTERS	
Lentil Soup Df,Nf,Vg,V Libya style lentils soup, topped with fried onion, serv with sliced sourdough bread (Libya)	<b>28</b> ⁄ed	Akara Gf, Df, Nf, Vg, V Deep-fried black-eyed beans fritters served with red chili relish (Nigeria)	25
Pepper Soup Nf Grilled seasoned catfish fillet with fried baby potato and spicy soup (Nigeria)	30	<b>Jamaican Jerk Chicken Wings</b> <i>Gf,Df,Nf</i> Chargrilled chicken wings marinated with jerky spice	25
		Crispy Coconut Shrimp Df,Nf Deep fried shrimp coated with coconut flakes serve with sriracha dipping sauce (Caribbean)	30
with toasted sourdough  Seafood Peanut Soup Gf,Df	39	<b>Beef Suya</b> <i>Gf</i> Grilled skewed sirloin beef, marinated with suya spice (Nigeria)	<b>30</b> e
Roasted peanut soup with calamari, shrimp and fried fish. Serve with toasted sourdough	d	MAIN	<u>IS</u>
Galey Iyo Qumbo Df,Nf,Vg,V Coconut soup dash with basil oil and braised corn served with sliced sourdough Bread (Somali)	30	Jamaican Fish Patty Nf Puff pastry filled with spiced smoked Catfish	35
SALAD	<u>DS</u>	Jamaican Beef Patty Nf Puff pastry filled with savoury minced beef	35
Moroccan Beet Salad <i>Gf,Df,Vg,V</i> Boiled Beetroot mixed with greens, topped with candied walnut, red onion, roasted carrot and sprii	<b>30</b> kle	Jamaican Lentil Patties Df,Nf,Vg,V Pie dough filled with saucy spiced brown Lentils	35
of cumin seeds	30	Stewed melon seeds paste with spinach topped with	<b>49</b> h
Seedless watermelon mixed with greens and harissa dressing topped with mint leaves, red onion, kalama olives, feta cheese, shaved almond	ì	goat meat served with cassava fufu (Nigeria)  Chicken Yassa <i>Gf,Df,Nf</i> Chargrilled chicken thigh served with white rice and nebbe salad (Senegal)	49
Senegalese Avocado & Mango Gf, Df, Nf, Vg, V Mango and Avocado mixed with Greens, Topped with Cherry Tomatoes	<b>35</b> th	<b>Ewa Agoyin</b> Nf Stewed black-eyed beans topped with shito sauce,	49 «
Haitian Pikliz Gf, Df, Nf, Vg, V Spicy pickled slaw of cabbage, carrot, scotch bonnet	<b>35</b> t	fried seabream Fillet, hard boil egg, served with Age Bread <b>(Nigeria)</b>	55

D (D) (C) (C) (V)			DESSERTS	
Beef Pelau ( Caramelised I (Trinidad & To	Beef cooked in coconut sauce a	<b>49</b> nd rice	Koeksister Nf,V Deep fried braided dough, soaked in cinnamon syru	<b>22</b> Jp
Fisherman Okra Stew Gf, Df Stewed okra topped with fried seabream fillet; shrin served with Eba (West Africa)		50 et; shrimp	served with yogurt cream and sweet melon (South Africa)	
	iba (west Amca)		<b>Puff Puff</b> Df,Nf,Vg,V Deep-Fried Dough sprinkled with icing sugar <b>(Niger</b> )	15 ian)
Jollof Rice	in nonnar poiv, thuman inllaf cair	a Camuad		·
	n pepper mix, thyme, jollof spic of your choice (West Africa)	e. Serveu	Fried Plantain With Coconut Cream Df, Vg, V Pan fried plantain, peanut crumble and whipped	20
Choices:	Pan fried Seabream Fillet	50	coconut cream <b>(Caribbean)</b>	
	Stewed Goat Meat	55	SID	<u>ES</u>
Oxtail Stew	Gf.Df.Nf	58		
Slow-cooked Oxtail with black eyed beans served w white rice (Jamaica)		_	Cassava (Fufu) Cassava starch Gf,Df,Nf,Vg,V	10
Willie Hee (38	irridica)		<b>Gaari</b> Toasted cassava flakes Gf, Df, Nf, Vg, V	15
Caribbean Grilled Seabream Gf, Df, Nf Chargrilled full seabream, grilled plantain with roast	67	Fried Plantain Gf, Df, Nf, Vg, V	10	
mixed capsicum			Caribbean Coconut Rice Gf, Df, Nf, Vg, V	15
·			Steamed White Rice Gf, Df, Nf, Vg, V	10
Spiced cocon	Samaki Df,Nf out sauce with seasoned fish fille crice (Tanzania)	<b>40</b> et served	Crispy Cassava Chips (Yuca Fries) Gf,Df,Nf,Vg,V	15
Curried Tanzanian Coconut Okra <i>Gf,Nf,</i> Vg 30		-	BREAKFA	<u>\ST</u>
Fresh Okra w	ith Coconut Milk and Jasmine R	ice		
WRAPS & BURGERS			Doubles Df,Nf,Vg,V  Bara bread topped with chickpea curry, red chili sauce, cucumber chutney and Coconut cream (Trinidad &	
Hawawshi N	lf	30	Tobago)	
	nb stuffed in pita bread with Ta	-	<i>5</i> /	
on the side (	·		<b>Telba Smoothie Bowl</b> <i>Gf,Df,Vg,V</i> Blend of banana, flaxseed and coconut milk, toppe	<b>35</b>
Lamb Burge		55	with seasoned fruits and roasted peanut (Ethiopiar	
	ramelised onion, Parsley, Yogur	t sauce,		
Home-baked	Potato Buns (Morocco)		Shakshouka <i>Nf</i> , V	35
Suya Wrap		30	Egg poached in spiced tomato sauce served with p bread (Maghreb)	Ild
	ef with peanut sauce, mayonna			
cucumber, ca (Nigeria)	apsicum, onion, suya spice, pita	bread	Kachumbari On Toast V Toasted sourdough topped with kachumbari salad diced avocado, poached egg and mixed greens on side (Kenya)	