

# SPANISH CLASS- EAT COOK LEARN LOVE FOOD

## TAPAS -

Olives / Anchovies / Cornichons / Cured Meats -

Cheeses -

Pickled vegetables -

Mushrooms -

Potatoes -

Greens -

Roasted peppers -

Mussels 1/2 shell -

## PAELLA -

10 pax -

|        |   |                  |
|--------|---|------------------|
| 1 Kg   | x | Rice             |
| 100ml  | x | Oil              |
| 30g    | x | Garlic           |
| 1 Tbls | x | Smoked Paprika   |
| 2      | x | Bayleaf          |
| 3      | x | Sprigs of Thyme  |
| 1      | x | Onion            |
| 1/2    | x | Capsicum         |
| 500g   | x | Chicken thigh    |
| 500g   | x | Chorizo          |
| 3      | x | Litres of stock  |
| pinch  | x | Saffron          |
| pinch  | x | Sea salt         |
| 10     | x | King prawns      |
| 10     | x | Calamari         |
| 1/2    | x | Flatleaf parsley |
| 100g   | x | Peas             |
| 10     | x | Lemon wedges     |

Method -

## SALAD -

Pear

Palm hearts

Artichokes

Walnuts  
Green leaves  
Dressing -

## **CHURROS -**

|       |   |               |
|-------|---|---------------|
| 1 cup | x | Water         |
| 80g   | x | Butter        |
| 1 tbs | x | Sugar         |
|       | x | touch of salt |
| 1 cup | x | Flour         |
| 2     | x | Eggs          |
|       |   | Oil to fry in |

### **Dusting -**

|         |   |          |
|---------|---|----------|
| 1/2 cup | x | Sugar    |
| 1 tsp   | x | Cinnamon |

### **Dipping sauce -**

|      |   |                 |
|------|---|-----------------|
| 100g | x | Dark Chocolate  |
| 125g | x | Thickened Cream |

Chilli flakes (optional)  
Piping bag

## **Method**

In a saucepan bring to boil butter water and sugar take off heat add flour  
Return to heat and cook out.

Cool

Beat the eggs one at a time to combine and glossy

Deep-fry in canola oil

Mix the cinnamon and sugar together and coat cooked churros

**ENJOY and book into another class - SPANISH - MOROCCAN -  
FRENCH - ITALIAN - JAPANESE - FUNDAMENTALS - MEXICAN -  
BESPOKE - DINNER PARTY - GROUPS**

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**eat cook learn**

*love food*