# Afternoon Teas

#### Signature Afternoon Teas

Madame Valerie's Afternoon Tea for Two 32.95

Per person: Savouries 347 Kcal, Scones 382 Kcal, Sweets 342 Kcal

A selection of indulgent patisserie bites, handmade scones freshly baked in our bakery with jam and clotted cream and dainty finger sandwiches. Served with your choice of refillable tea or our new house coffee

#### Children's Afternoon Tea For Two

Per person: Sandwiches & scones: 545 Kcal, Sweets: 154 Kcal

A selection of finger sandwiches, scones, mini jam doughnuts, strawberries and a pot of Nutella. Served with children's hot chocolates

#### Classic Cream Tea For One 6.25 | Two 9.95 V

16.95

Per person: plain scone 354 Kcal, fruit scone 386 Kcal

A plain or fruit handmade scone with butter, clotted cream, preserves and your choice of our teas or our new house coffee

## Drinks

Tea – Pot of loose leaf tea all 0 Kcal English Breakfast, Darjeeling,	3.25	Fruit Juice Orange 133 Kcal, Apple 130 Kcal, Cranberry 64	1 Kcal	2.75	
Green Sencha, Red Berry, Earl Grey		Cawston Press		2.65	
Mint, Jasmine Dragon Pearls, Dark Cocoa, Apple Loves Mint	3.55	Cloudy Apple 96 Kcal, Rhubarb 78 Kcal, Ginger Beer 83 Kcal, Elderflower Lemonade 74 Kcal			
New Cold & Iced Drinks		Mineral Water Still O Kcal / Sparkling O Kcal 330ml			
Iced Teas Ve	3.15	Hot Drinks	Sml	Med	
Apple & Mint 41 Kcal, Red Berry 48 Kcal		Whole milk served as standard but choose from			
Iced Coffees	3.15	skimmed, oat, soy or coconut milk at no e			
Iced Latte 95 Kcal, Iced Americano 0 Kcal		Double Espresso 0 Kcal	2.85		
Vanilla Iced Coconut Flat White 132 Kcal	3.45	Double Macchiato 13 Kcal	2.95		
Shakes	4.15	Flat White 102 Kcal	3.45		
Chocolate 523 Kcal, Strawberry 578 Kcal, Coffee 410 Kcal		Cappuccino 92 / 140 Kcal	3.15	3.35	
•	4.95 4.15	Latte 95 / 153 Kcal	3.15	3.35	
		Americano 0/0 Kcal	2.95	3.15	
		Hot Chocolate 133 / 209 Kcal	3.15	3.35	
Lemonades Ve	3.15	Mocha 133 / 196 Kcal	3.45	3.65	
Traditional 48 Kcal, Hibiscus 95 Kcal, Darjeeling Iced Te		New Macaron Mocha 367 Kcal		4.75	
Soft Drinks		Babyccino 84 Kcal		Free	
Coca-Cola Zero Sugar 0 Kcal	2.75	Extras			
Diet Coke O Kcal, Sprite Zero O Kcal		Whipped Cream 59 Kcal		0.70	
Coca-Cola original taste 140 Kcal	2.95	Flavoured Syrup Shot 34 Kcal		0.50	
		Coffee Shot 0 Kcal		0.50	

## Handmade Patisserie

Madame Valerie V 455 Kcal	4.95	Salted Caramel Bombe V 566 Kcal	5.95	
Strawberry Gateau V 502 Kcal	4.95	Raspberry Bombe V 581 Kcal	5.95	
Carrot Cake V 460 Kcal	4.95	Lemon Bombe V 467 Kcal	5.95	
Baked Cheesecake V 703 Kcal	4.95	Mixed Fruit Tart V 228 Kcal	4.75	
Red Velvet 582 Kcal	4.95	Raspberry Tart V 326 Kcal	4.75	
Mille-Feuille V 576 Kcal	4.95	Strawberry Tart V 205 Kcal	4.75	
Double Chocolate V 490 Kcal	4.95	Choux Bun V	5.25	
Black Forest V 438 Kcal May contain cherry pips	4.95	Fresh Cream 500 Kcal, Banoffee 382 Kcal, Raspberry 502 K		
New Ruby & Raspberry V 431 Kcal	4.95	Salted Caramel 352 Kcal, Chocolate 483 Kcal or Coffee 467		
New Tiramisu V 345 Kcal contains alcohol	4.95	Éclair V	4.75	
Caramel Biscuit V 571 Kcal	4.95	Fresh cream 352 Kcal, Banoffee 355 Kcal, Raspberry 415 Kcal Salted Caramel 352 Kcal, Chocolate 302 Kcal or Coffee 453		







#### $\bigoplus$

## Breakfast

#### Served all day

Traditional Breakfast 793 Kcal Two eggs with turkey rashers, chicken sausage, vine tomatoes, a flat mushroom & baked beans with white bloomer bread	9.25	Valerie's Buttermilk Pancakes Warm, soft & fluffy buttermilk pancakes. With a choice from one of the following toppings:  - Turkey rashers & maple syrup 521 Kcal  - Banana, blueberries & honey 407 Kcal	7.25
Upgrade to large with extra turkey rashers & chicken sausage 198 Kcal	12.25	Eggs on Toast poached 476 Kcal / scrambled 699 Kcal	6.25
Vegetarian Breakfast V 911 Kcal Smashed avocado on toast, flat mushroom,	9.25	Add turkey rashers 103 Kcal Add smoked salmon 75 Kcal	2.00 3.00
poached egg, potato rösti with baked beans, crushed chillies, vine tomatoes, pumpkin & sunflower seeds		Eggs Royale 543 Kcal A brioche bun with smoked salmon, two poached eggs & hollandaise sauce	10.25
Vegan option available 714 Kcal	8.25		
Smashed Avocado on Toast V 387 Kcal With vine tomatoes, watercress & smoked paprika Add poached egg 100 Kcal	7.25	Eggs Benedict 571 Kcal  A brioche bun with two poached eggs, turkey rashers & hollandaise sauce	9.25
Add halloumi 169 Kcal	2.50	Three Egg Omelette 406 Kcal	8.25
Smashed Avo Eggs Florentine V 731 Kcal A brioche bun with poached eggs, spinach, avocado & hollandaise sauce	9.25	Served with a fresh side salad. With a choice of two of the following fillings: Emmental cheese 149 Kcal, mushrooms 20 Kcal, tomato 17 Kcal, pastrami 53 Kcal	
Valerie's Welsh Rarebit V 562 Kcal  Toasted bloomer bread topped with a poached egg, tomato chutney, cheddar, mustard & served with a side salad	8.25	Egg White Omelette 167 Kcal	8.25

## From the Bakery

Freshly Baked Pastries V	Porridge Oats V 3.2		
Croissant 296 Kcal	2.95	Choose from full 337 Kcal, skimmed 249 Kcal,	
Apple & Cinnamon Pastry 261 Kcal	2.95	soya 245 Kcal, oat 320 Kcal or coconut milk 243 Kcal Add maple syrup 76 Kcal	1.00
Pain Aux Chocolat 285 Kcal	3.35	Add banana & blueberries & honey 135 Kcal	1.00
Pain Aux Raisin 319 Kcal	3.55	Add bahaha & bluebetries & honey 155 Kcai	1.00
Apricot Danish 273 Kcal	3.55	Warm Scone V	3.15
Almond Croissant 341 Kcal	3.55	Handmade plain 354 Kcal or fruit scone 386 Kcal, freshly baked in our bakery	
Fresh Fruit Salad Ve 166 Kcal	3.25	Add clotted cream 235 Kcal	0.70
Tea Cakes V 251 Kcal	3.15	Add choice of preserves 72 Kcal	0.70

### Sides & Extras

n 1 1 n :	2.05	Cl: 1	2.00	V. T.	1.00
Baked Fries 142 Kcal	2.95	Chicken Sausage 95 Kcal	2.00	Vine Tomatoes 15 Kcal	1.00
Turkey Rashers 103 Kcal	2.00	Flat Mushroom 32 Kcal	1.50	Potato Rösti 110 Kcal	1.50
Free-range Egg 100 Kcal	1.00	Smoked Salmon 75 Kcal	3.00	Halloumi 255 Kcal	2.50
Baked Beans 74 Kcal	1.50	Buttered Toast 424 Kcal	1.95	Avocado 235 Kcal	2.00

(V) Suitable for vegetarians, (Ve) Suitable for Vegans. All our eggs are 100% free-range. Customers with special diets or allergies are invited to ask a member of staff for further information. Our products are made in a busy environment where gluten, egg, soya, milk, nuts, peanuts and other allergenic ingredients are used.

Due to the nature of our food operation we cannot fully guarantee that any food will be 100% completely free from any allergens.

The recommended daily calorie intake for an adult is around 2,000 calories.



Served toasted with Isigny Sainte-Mère® butter



## Famous Croques ——

#### All served on grilled bloomer bread with a fresh side salad

Croque Monsieur 564 Kcal	8.25	Veggie Croque V 737 Kcal	8.25	Chicken & Pastrami 736 Kcal 8.2.
Extra mature cheddar, pastra & béchamel, topped with a sprinkle of freshly grated nut Upgrade to a		Goat's cheese, béchamel, extra mature cheddar, cucumber and pesto, topped with a sprinkle of freshly grated nutmeg		Extra mature cheddar & béchamel, roasted chicken, pastrami & tomato, topped with a sprinkle of freshly grated nutmeg
Croque Madame 664 Kcal	9.25	Upgrade to a Veggie Croque Madame 837 Kcal	9.25	Upgrade to a Chicken & Pastrami Croque Madame 735 Kcal 9.2.
		T1.		

## Lunch

Chicken Caesar Salad 792 Kcal Roasted chicken breast with lettuce, crunchy croutons, turkey rashers, flaked Grana Padano and our Caesar dressing	10.25	Fish Finger Brioche 813 Kcal Cod goujons with lettuce & tartar sauce on a brioche bun with baked fries & served with a side salad	10.2
New Avocado & Smoked Salmon Salad 398 Kcal	10.25	Tuna Club 1033 Kcal Tuna, red onion, sun blazed peppers, cheddar cheese & mayonnaise served on a toasted bloomer	9.9
Smoked Salmon, mixed leaf salad, avocado, marinated olives, cucumber, vine cherry tomatoes, french dressing & lemon wedge		with baked fries & served with a side salad  Toasted Turkey BLT 712 Kcal	8.95
New Grilled Halloumi and Chilli Jam Flatbread V 744 Kcal	9.25	Turkey rashers, lettuce, tomato & mayonnaise on a toasted bloomer with baked fries & served with a side salad	
Halloumi cheese, chilli jam, tomatoes, rocket lettuce & baby spinach leaf in a toasted rosemary		Valerie Club 898 Kcal	9.9
flatbread, served with baked fries & a side salad		Chicken breast, pastrami, lettuce, tomato & mayonnaise served on a toasted bloomer with baked fries & served with a side salad	

# Lighter Bites

#### All served with a fresh side salad

Mozzarella, Basil & Tomato Baguette V 659 Kcal	6.95	New Avocado, Halloumi & Smoked Houmous with Harissa Wrap 535 Kcal	7.25
Mozzarella, sliced tomato & fresh basil on a puttered malted wheat baguette		Grilled halloumi, avocado, smoked houmous with harissa, cucumber, baby spinach leaf & sunflower seeds on a tortilla wrap	
New Chicken Club Baguette 691 Kcal	6.95	seeds on a tortina wrap	
Roasted chicken breast with turkey rashers,		Pastrami & Emmental Croissant 509 Kcal	6.25
tomatoes, little gem lettuce, mayonnaise in a buttered sourdough baguette		Cheese & Tomato Croissant V 490 Kcal	6.25
Destruction Classes Describe	6.05	Smoked Salmon Bagel 406 Kcal	7.25
Pastrami & Cheese Baguette 789 Kcal	6.95	Smoked salmon, soft cheese & rocket on a	
Pastrami, Emmental cheese, sliced tomato & mustard mayonnaise on a buttered sourdough baguette		multi-seed bagel	

