

Directions to Use

Special Cleansing Gel:

- * Gently lather gently a small amount of gel on moistened hands
- * Apply to dampened face and throat
- * Rinse with warm water
- * Use daily for professional cleaning results

Multi-Active Toner:

- * Apply onto clean face
- * Spray directly over the entire face and throat
- * Can be sprayed onto fingertips or cotton pad and applied to the skin with light, upward strokes
- * Follow with Dermalogica booster or moisturizer

Skin Smoothing Cream:

- * After cleansing and toning, apply over face and throat in light, upward strokes
- * Use twice daily in the morning and evening

Gentle Cream Exfoliant:

- * Apply an even amount onto the face, neck, and décolleté area
- * Leave on skin for 10 minutes and remove with lukewarm water
- * For best results use 1–2 times weekly

Gentle Cream Exfoliant:

- * Perform the Dermalogica Double Cleanse that begins with PreCleanse, followed by prescribed Dermalogica Cleanser
- * Apply a thin layer over cleansed skin, avoiding the lip and nostril area
- * Use care around the delicate eye area as well
- * Let activate for 10 to 15 minutes
- * Rinse thoroughly
- * Use twice weekly

Ultracalming Mist:

- * After cleansing, spray over the face, neck and chest with eyes closed
- * For added benefits, press into skin
- * May also be sprayed onto fingertips or dampened cotton pad and applied to the skin with light, upward strokes
- * Follow with UltraCalming Serum Concentrate

Daily Microfoliant:

- * Dispense about a half-teaspoon of Daily Microfoliant into very wet hands and create a creamy paste by rubbing hands together

- * Apply to face in circular motions, avoiding the eye area
- * Massage gently for one minute, then rinse thoroughly
- * Follow with Multi-Active Toner or UltraCalming Mist and prescribed Dermalogica Moisturizer

Age Smart Antioxidant Hydramist

- * After cleansing, spritz directly onto the face and neck, avoiding the eyes
- * Also ideal as a refreshing spritz over make-up throughout the day

Intensive Moisture Balance

- * Apply over the damp face and throat with light, upward strokes
- * Use twice daily, morning and night
- * Can be applied over or mixed with prescribed Dermalogica Concentrated Booster for additional results

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Intensive Eye Repair

- * After cleansing, gently pat around the eye area
- * Blending inward from the outer corner

Age Smart Overnight Repair Serum

- * Cleanse the face
- * Apply 4–6 drops into skin or blend with your nighttime treatment cream

Professional Multi Active Toner

- * After performing the Dermalogica Double Cleanse, spray directly over the entire face and throat with eyes closed
- * Follow with prescribed Dermalogica Moisturizer

Cleanse morning and night by lathering a pea-size amount of Special Cleansing Gel with water. Apply to dampened face and throat and rinse thoroughly with warm water. Exfoliate once a day with Daily Microfoliant. Start by lathering the powder in wet hands to create a paste then apply to skin with gentle circular motions. Rinse clean with lukewarm water. Moisturize with Skin Smoothing Cream (the size of a pea) twice a day after cleansing and exfoliating. Finish by applying Multivitamin Power Firm (the size of a grain of rice for both eyes) to the orbital bone area twice a day.

Multi-Active Toner

- * Apply after cleansing by spraying directly over the entire face and throat
- * Can also be sprayed onto fingertips or cotton pad and applied to the skin with light, upward strokes
- * Immediately follow with Dermalogica booster or moisturizer

Daily Resurfacer

- * Use daily between professional skin care visits for dramatic smoothing results
- * Hold the pouch upright and gently press on the center to dispense product onto the applicator
- * Hold pouch sponge between index and middle fingers, and apply in circular motion, by touching the applicator to the face

Age Smart Daily Superfoliant

- * After cleansing, dispense a half-teaspoon into wet hands. Rub to create a creamy paste. Apply to face in circular motions, avoiding eyes. Massage gently for about 1 minute. Rinse.

Age Smart Rapid Reveal Peel (10 Peels)

Weekly Treatment:

- * Use one tube once a week
- * Twist open applicator plug and dispense product into hands
- * Lightly massage the face, neck and chest with fingertips in circular motion
- * Allow to activate for 3–7 minutes, depending on your skin's sensitivity
- * You may experience slight tingling and/or warming
- * Rinse thoroughly with cold water or wipe off with a cold, damp towel
- * Recommended for use in the evening

Active Moist

- * Apply to clean skin especially dryer areas such as forehead, chin and cheeks
- * Use day or night.

Age Smart Super Rich Repair

- * Press down gently with both thumbs to dispense the desired amount, then apply to the face and neck with light, upward strokes
- * Wait for cream to absorb before applying additional products
- * Initial usage may require multiple primes
- * Use twice daily.

Power Bright TRx Pure Light SPF 50

- * Follow topical application of C-12 Pure Bright by smoothing a generous amount of Pure Light SPF 50 to the face and neck
- * Avoid the eye area
- * Apply preferably 30 minutes prior to sun exposure

Power Bright TRx Pure Night

- * Use after your nightly cleansing routine
- * Apply liberally to moisturize and fight hyperpigmentation while you sleep
- * For best results, apply after using C-12 Pure Bright Serum

Solar Defense Booster SPF 50

- * Apply directly to face and neck for full SPF50 coverage, preferably 30 minutes prior to sun exposure.
- * For daily sun protection, mix equal amounts of Solar Defense Booster SPF50 and prescribed Dermalogica Moisturizer or Treatment Foundation in the palm of hand.
- * Apply to the face with smooth, upward strokes.

Skin Smoothing Cream

- * Apply over the face and neck in light, upward stroke
- * Tip: Boost Skin Smoothing Cream with a few drops of Skin Hydrating Booster for extra hydration (sold separately)

Intensive Moisture Balance

- * Use after cleansing and toning
- * Apply over the face and neck in light, upward strokes
- * Use twice daily, morning and night

Skin Hydrating Masque

- * Apply a smooth film to the clean face and throat
- * Allow to activate for 10 to 15 minutes
- * Rinse thoroughly with warm water
- * Can be used as an eye masque
- * Use twice weekly after exfoliation
- * Follow with a Dermalogica moisturizer

Sebum Clearing Masque

- * Apply a smooth layer to cleansed face and neck (avoiding the eye area) three times per week
- * May also be used exclusively on the T-zone
- * Leave on for 10 minutes, then rinse thoroughly with warm water

Age Smart Multivitamin Power Recovery Masque

- * Using fingertips, apply generously to cleansed face and neck, avoiding the eye area
- * After 10–15 minutes, gently, yet thoroughly rinse with warm water
- * For maximum results, apply once per week or whenever the skin requires a soothing remedy

Charcoal Rescue Masque

- * After cleansing, apply generously to the face and throat, avoiding the eye area
- * You may experience slight tingling
- * After 3 to 5 minutes, lightly massage with very wet hands to enhance exfoliation properties during removal
- * Rinse thoroughly
- * Follow with prescribed Dermalogica moisturizer

Ultracalming Serum Concentrate

- * After cleansing and spraying with Ultra Calming Mist, apply a generous amount to the face, neck and chest with light, upward strokes
- * Use twice daily, morning and night
- * For additional moisturization, follow application with Barrier Repair or recommended Dermalogica Moisturizer

Total Eye Care SPF 15

- * Pat gently around the entire eye area
- * Blend inward from the outer corner of the eye
- * Use daily under make-up or alone
- * For external use only

Hydrablur Primer

- * After applying your Dermalogica Moisturizer, smooth and blend over the entire face and throat
- * Can be worn alone or under make-up for a smooth canvas

Phyto Replenish Oil

- * After cleansing, press 4–6 drops onto skin or mix with your Dermalogica moisturizer
- * Hold the bottle upside down for 2–3 seconds to initiate product flow

Age Smart Multivitamin Power Serum

- * Massage gently over the face and follow with prescribed Dermalogica moisturizer
- * Use once daily

Age Smart Age Reversal Eye Complex

- * Start using alternate nights, for the first two weeks
- * As skin responds and increases tolerance, build up to using nightly
- * After cleansing, smooth and pat around the eye area working from the outer corner, inward

Age Smart Skin Perfect Primer SPF 30

- * After applying your Dermalogica Moisturizer, smooth and blend over the entire face and neck
- * Can be worn alone or underneath make-up to extend wear

Age Smart Overnight Retinol Repair 1% and Buffer Cream

- * Mix one part Overnight Retinol Repair 1% with up to three parts Buffer Cream (included) and apply to cleansed skin at night
- * Once your skin is acclimated, you may use Overnight Retinol Repair 1% alone, prior to or mixed with your prescribed Dermalogica Moisturizer

PowerBright TRx C-12 Pure Bright Serum

- * After cleansing, apply directly to areas of discoloration
- * Follow with Pure Light SPF 50 during the day or Pure Night in the evening
- * Use twice daily for best results

Stress Positive Eye Lift

- * Apply generously around the cleansed eye area
- * Leave on for 3–5 minutes
- * Massage or tissue off any excess product into skin
- * Follow with your recommended Dermalogica eye cream
- * Use as needed for a quick boost

Pro Soothing Additive

- * Massage gently in circular motion to comfort skin

Pro Daily Microfoliant

- * Dispense about a half-teaspoon into very wet hands
- * Create a creamy paste by rubbing hands together
- * Apply to the face in circular motions, avoiding the eye area
- * Massage gently for 1 minute, then rinse thoroughly

Pro Daily Superfoliant

- * After cleansing, dispense a half-teaspoon into wet hands
- * Rub to create a creamy paste
- * Apply to face in circular motions, avoiding eyes
- * Massage gently for about 1 minute, then rinse

Pro Active Moist

- * Apply to clean skin especially dryer areas such as forehead, chin and cheeks
- * Use day or night

Pro Super Rich Repair

- * Press down gently with both thumbs to dispense the desired amount
- * Apply to the face and neck with light, upward strokes
- * Wait for cream to absorb before applying additional products
- * Initial usage may require multiple primes
- * Use twice daily

Pro Skin Smoothing Cream

- * Apply over the face and neck in light, upward strokes
- * Tip: Boost Skin Smoothing Cream with a few drops of Skin Hydrating Booster for extra hydration (sold separately)

Pro-Intensive Moisture Balance

- * After cleansing and toning, apply over face and neck in light, upward strokes
- * Use twice daily, morning and night

Pro Solar Defense Booster SPF 50

- * Apply directly to face and neck for full SPF50 coverage, preferably 30 minutes prior to sun exposure
- * For daily sun protection, mix equal amounts of Solar Defense Booster SPF50 and prescribed Dermalogica Moisturizer or Treatment Foundation in the palm of hand
- * Apply to the face with smooth, upward strokes