



Jananeh

Restaurant & Bar رستوران جانانه

STARTERS

- Fried aubergine & walnuts with fried onions, herbs & spices 9 Kask-e Bademjan
- Grilled aubergine, garlic, eggs & tomato 9 Mirza Ghasemi
- Chopped onion, cucumber, tomato & herbs drizzled with lemon juice 8 Salad Olivieh
- A blend of chick peas, tahini, olive oil & freshly squeezed lemon juice 8 Hummus
- Yogurt with mint & cucumber 6 Mast-o Khiar
- Yogurt with finely chopped wild shallots 6 Mast-o Mousir
- Mixed seasonal herbs, radishes, walnuts and feta 8 Sabzi-Khordan
- Selection of five mezee (starters) with bread 37 Mezze Platter for two

SALADS

- Tomatoes, cucumber, onion, peppers, pomegranate sauce & crunchy bread 10 Fattoush Salad
- Tomatoes, cucumber, peppers, mixed olives, feta & red onion 10 Greek Salad
- Tomato, cucumber & red onion, lemon juice & olive oil 6 Salad-e Shirazi
- Freshly baked Persian bread 2 Persian Bread

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		GRILLS (Served with Saffron rice)
Poussin marinated in saffron, olive oil, yogurt, garlic & onion	22	Chicken Sheesh
Tender chicken breast cubes, marinated in saffron, lemon & onion	19	Chicken Sheesh Boneless
Skewered, freshly seasoned, hand ground shoulder of lamb	18	Koobideh (ground lamb)
Tender, marinated fillet of lamb in olive oil & onion	23	Barg (loin fillet)
Tender, middle neck fillet of lamb marinated in olive oil & onion	22	Chenjeh
One skewer of tender, succulent lamb chops marinated in olive oil & onion	20	Lamb Chops
Charcoal grilled sweet pepper, red onion, courgette & tomato	15	Mixed Veg Kebab
One Skewer of barg & one skewer of Koobideh with saffron rice	25	Soltani
One Skewer of Koobideh , Joojeh & Chenjeh and Saffron rice	42	Kaseh Kebab
Two skewers of Koobideh, one chicken sheesh, one barg or lamb chops	50	Kebab Platter for two

CHEFS SPECIALS

Cut Beans cooked with Persian spices, pure tomato & tender mixed lamb	20	Lubia Polow
Sweet & sour rice with succulent chicken, wild barberries saffron, pistachios & almonds	20	Zereshk Polow
Saffron rice cooked with fresh dill & hand peeled broad beans served with tender lamb shank	22	Baghali Polow with Mahiche

STEWES (Served with Saffron rice)

Lamb stew with a blend of mixed persian herbs, kidney beans & sun dried lime	15	Ghormeh Sabzi
Lamb stew with split peas, sun dried lime, tomato & baby abuerGINE	15	Gheimh Bademjan
Succulent chicken in a rich, sweet and sour puree sauce of pomegranate & walnuts	16	Fesenjan

INTERNATIONAL TWISTS

Salmon Fillet marinated in ginger, garlic olive oil & saffron	20	Salmon Fillet
Seabass fillet seasoned with saffron & persian spices	20	Seabass Fille
Beef burger seasoned with salt and pepper	20	Beef Burger
Chicken Breast marinated in Persian herbs, onion & garlic	18	Chicken Burger
Crispy battered fish served with fries	19	Fish & chips
Chicken breast , lettuce, tomato & fried egg white bread Served with fries	20	Club Sandwich

SIDES

Fragrant basmati rice infused with saffron	6	Saffron Rice
Crispy potato chips served with an assortment of sauces	5	Chips

DESSERT

With or without Saffron	7	Persian Ice Cream
Two scoops or either vanilla, chocolate or strawberry	8	Ice cream
Chocolate brownie served with scoop of ice cream	8	Brownie

DRINKS

Earl grey, Green tea, English Breakfast Tea, Peppermint	3.25	Tea
Espresso, Americano, Flat White, Cappuccino, Latte	3.45	Coffee
Rich Cocoa Mixed With Steamed Milk	3.45	Hot chocolate
Still and Sparkling (Large) & (Small)	5 3	Water
Coke, Diet-Coke, Fanta, Sprite , Red-bull	3.75	Soda
Orange, Apple, Cranberry, Tomato	3.75	Juice
A chilled, tangy Persian yogurt drink with a hint of mint	3 7	Doogh



If you have any dietary requirements, please speak to one of our staff, as we can provide you with ingredient information to make a safe choice. All prices include VAT. Please note, a discretionary service charge of 15% will be added to your final bill.





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