

Wishah Spa

MENU OF SERVICES

CLASSIC TREATMENT

	60M	90M	120M
FULL BODY OIL MASSAGE TREATMENT	149	219	289
<i>Start your experience with our Well Being massage treatment and let our expert therapists work their magic, applying pressure in all the right places with a head to toe massage to restore body, mind and soul.</i>			
AROMATHERAPY TREATMENT	199	289	389
<i>During the aromatherapy massage, the masseur adds a mixture of essential oils you have chosen to the base oil. Calm yourself after a long journey and rest easy with a deep-tissue massage.</i>			

DELUXE TREATMENT

TRADITIONAL THAI MASSAGE TREATMENT	249	369	489
<i>The therapists use their hands, knees, legs and feet to move you into a series of stretches. This treatment will improve your posture, promote emotional balance and increase flexibility level.</i>			
SWEDISH MASSAGE TREATMENT	249	369	489
<i>This classic stress-relieving Swedish massage utilizes five variations of massage strokes to reduce tension and to manipulate each part of the body to stimulate the nervous system, improve circulation, flexibility and enhance physical and mental well-being.</i>			
BALINESE MASSAGE TREATMENT	249	369	489
<i>Traditional Balinese massage techniques include a combination of gentle stretches, reflexology, acupressure, skin rolling and aromatherapy to promote relaxation and stimulate the flow of the blood and oxygen.</i>			
SPORTS MASSAGE TREATMENT	289	429	569
<i>It is used to help prevent injuries, to prepare the body for athletic activity and maintain it in optimal condition, and to help athletes recover from workouts and injuries.</i>			
DEEP-TISSUE MASSAGE TREATMENT	249	369	489
<i>This medium to deep pressure full body massage is designed to improve energy levels, sound sleep, and melt away muscle tension.</i>			
STRESS RESCUE TREATMENT	289	429	569
<i>This light to medium pressure full body massage is designed to increase circulation and lymph return. Allow our therapists to rejuvenate and re-energize you this deeply penetrating massage.</i>			



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PREMIUM TREATMENT

	60M	90M	120M
LUXURY MOROCCAN BATH (HAMMAM) & BODY SCRUB <i>Be the princess or the prince you know yourself to be or treat a loved one with the Luxurious Moroccan Bath (Hammam). A thorough kese scrub eliminates dead skin cells and improves circulation. The treatment is concluded with steam bath to leave your skin glowing.</i>	349	519	689
ROYAL JACUZZI BATH & RELAXATION MASSAGE <i>Maintained between 40-38°C, the warm water, or "hydro" therapy can promote relaxation, pain relief and improved sleeping habits as the heat and massage work together to clear your mind, reduce stress and soothe overworked muscles.</i>	389	579	769
FOUR HANDS MASSAGE TREATMENT <i>With two therapists devoted only to you, this is an exotic, luxurious and unforgettable celebration of indulgence.</i>	389	579	769

SIGNATURE PACKAGES

WISHAH AL NAJAH SIGNATURE TREATMENT <i>Commence your holistic spa experience with our unique Wellness Signature Treatment which includes Luxury Moroccan Bath Hammam & Body Scrub with your choice of massage (Any Classic or Deluxe treatment). Your treatment concludes with a wellness herbal tea ceremony for a truly delightful experience that will leave you feeling relaxed, restored and rejuvenated.</i>	389	579	769
LOVE IS... <i>Align your heart with your partner in our couple's suite as you enjoy and relax together side by side with your choice of massage (Any Classic or Deluxe treatment). This is the best way to relax and spend quality time together.</i>	389	579	769

SPECIAL FOCUS

REFLEXOLOGY <i>A therapeutic foot massage based on ancient Chinese principles that involve gentle stimulation of the acupressure points.</i>	99	149	179
ENERGIZING BACK, NECK & SHOULDER MASSAGE <i>Ease muscle pain with this tension releasing massage. A therapeutic blend of essential oils is applied to help increase circulation & remove lactic acid in the muscles. Reduce deep chronic "knots" with kneading movements combined with trigger point techniques which are used to breakdown deep rooted tension.</i>	149	219	289
HEAD MASSAGE (30 MINS)			79

