# THE FLYING DUTCHMAN

## BREAKFAST

Served between 7:30 - 10:00 AM (11 AM for non-residents) All breakfast items include our continental breakfast.



#### Full English Breakfast

Two rashers streaky bacon, 'Tap It' sausage, grilled tomato, field mushroom, black pudding, baked beans, hash brown and eggs cooked to your liking.

11.95

### Continental Cold Meats and Cheeses (GFA)

Meat - Danish salami, shaved smoked ham and Mortadella. Cheese - Monterey Jack, Applewood smoked cheddar and Emmental.

8 95

#### Chicken and Waffles

Fried corn fed chicken and waffles served with maple syrup.

7.95

## Granola (V)

Homemade granola, natural yoghurt and berry compote.

4.95

### Vegetarian Breakfast (V)

Two vegetarian sausages, grilled tomato, field mushroom, baked beans, hash brown and eggs cooked to your liking.

9.95

## Eggs Royale, Benedict or Florentine (V) (GFA)

Toasted English muffin, two poached eggs, hollandaise sauce finished with your choice of smoked ChalkStream trout, parma ham or sautéed spinach.

7.95

### Smoked Trout Bagel (GFA)

Smoked ChalkStream trout, scrambled egg, toasted sourdough bagel.

7.95

### Breakfast Sandwich

Bacon (GFA) or 'Tap It' sausage sandwich on a choice of Seeded White Country bread or Danish rye.

Gluten-free bread is available please ask your server for more information.

# CONTINENTAL BREAKFAST (V)

6.95

## Breakfast Buffet Selection of cereals, fresh fruits, prunes. croissants and Pain au chocolate.

Orange

Cranberry

#### Toast

Hot Drinks Selection

Pineapple

Juice Selection

# Choice of Seeded White Country bread or Danish rye.

Americano

Latte

Apple

Espresso Cappucino

Served with a selection of preserves.

Breakfast Tea

Fruit Tea

Hot Chocolate

The Flying Dutchman is proud to source produce from our local suppliers.

The eggs you are enjoying are provided from Clayton's, in Romsey. Our delicious range of meats are from Southampton Butcher's. Our lovely bread is from the Hoxton Bakehouse. The sausage's are delicately infused with beer from our very own, Tap It Brewery. Our tasty trout is kindly provided from ChalkStream, in Romsey.

(V) Vegetarian (Vg) Vegan (GF) Gluten Free (GFA) Gluten Free Available