A F R I C A N

STARTERS

SIARIERS	
PEPPER SOUP Slow cooked Ashanti goat meat soup with vegetables	£8.50
(V) MOI MOI West Africa's favourite steam black eye beans pudding	£5.50
BBQ TURKEY WINGS Smoked turkey wings, served with tomato and cucumber salad	£7.95
RED RED Black-eye beans cooked in tomato sauce and palm oil, served with fried goat meat and plan	£10.50
*KELEWELE Deep fried ripe plantain served with ginger, chilli and roast cashew nuts	£6.95
ASUN	£9.95/£12.50



Carefully selected goat meat, cooked in

Ashanti spices and roast peppers

STARTE	RS		
	RIED JERK SQUID arlic butter and salad	£6.95/£10.95	
	PEPPERED BEEF and parmesan	£8.95	
	H FRITTERS I and Ashanti tartare sauce	£7.95	
CHICKEN JERK/BBQ	I WINGS	£7.50	
· ·	ED CORNISH BRIE go chutney and toasted ciabat	£6.95 ta	
(V) BUTT Toasted Ciab	ER BEANS HOUMOU	JS £6.00	

MAINS

NIGERIAN ASARO

Yam porridge, cooked in palm oil and Cray fish	
*BEEF SUYA Nigerian style spicy beef slices with fresh tomato and red onion salad	£12.50/£14.95
*CHICKEN BREAST SUYA Nigerian style spicy chicken slices with fresh tomato and red onion salad	£10.50/£12.95
*BBQ BEEF SUYA Smoked BBQ flavoured Beef Suya	£16.95
*CROAKER FISH Roast whole Croaker fish with roast peppers, fried yam and plantain	£25.00
*TILAPIA YAM OR PLANTAIN Boiled or fried yam, grilled tilapia with our own Ashanti pepper sauce	£16.95
PEANUT BUTTER SOUP Peanut butter soup, served with banana fufu	£13.95
POUNDED YAM & EGUSI MEAT Pounded yam served with assorted meat Egusi Nigerian stew	£13.50
OGBONO SOUP (FISH OR MEAT) Nigerian favourate soup served with assorted meat or fish and a swallow	£14.95

MAINS

*FISH & CHIPS Beer battered cod fillet, chips and minted mushy peas	£11.95
*BURGERS Grilled Angus beef steak burger Jerk chicken breast burger	£10.50
Vegetarian burger and hand cut chips	
LAMB SHANK Slowly cooked lamb shank, honey roasted vegetables and lavender red wine	£16.95
*(V) BAKED SALMON Baked salmon fillet, Niçoise salad with soft poached egg	£14.95
GRILLED WHOLE SEABASS Butterfly whole seabass, served with sautéed callaloo & potato salad	£18.00
*GRILLED STEAK & CHIPS 28 day aged, grilled rare breed rib eye steak with brandy peppercorn sauce and chips	£17.95
*(V) OMELETTE & CHIPS Callaloo, roast peppers and plantain cheese omelette	£9.95

FUFU & EGUSI FISH

Pounded yam served with assorted fish
Egusi Nigerian stew

£8.50

AMALA EWEDU / GBEGIRI £12.95/£14.95 Nigerian tradition, pounded amala with Ewedu soup and assorted meat

JOLLOF RICE & FRIED BEEF STEW £13.50 Spicy season rice served with rich tomato beef stew and side salad

£14.95

£16.50

£9.95

£10.50

£14.95 **AYAMASE STEW** Selection of assorted meat, Pomo, shaki, beef & cow foot, served with steamed white rice

SEA FOOD OKRA STEW £16.50 Soft shell crab, smoked catfish and okra stew

£13.50 *EBA (GARRI) & OKRO STEW Okro (LADY FINGERS) cooked in palm oil with assorted meat, cow foot, shaki served with Eba or pounded yam

WAAKYE RICE & BEEF STEW £12.50 Ghanaian style rice and peas, served with fried beef stew and boiled eggs

EFO RIRO & MUTTON STEW £14.50 Spinach, efo riro mutton stew, with pounded yam / Gari

VEGETARIAN EGUSI STEW £10.50 Vegetarian Egusi stew, with spinach, five beans and roots

DUCK & WAFFLE Confit duck leg, Waffle, fried egg and maple mustard syrup

PEPPERED PRAWNS & MUSSELS Steamed Tiger prawns and mussels in sweet chilli and balsamic sauce

£15.95 SURF & TURF Finely sliced beef Suya, Tiger Prawns tossed in egg noodles and garlic mixed herbs

*(V) ACKEE & SALTFISH £10.95 Jamaican national dish, Ackee and salt fish, fried dumplings and plantain

£14.95 **OXTAIL / CURRY GOAT** Succulent Oxtail / Curried goat with a choice of rice, plantain and coleslaw

*(V) WHOLE SEABASS / SEA BREAM £15.95 Steamed whole Red bream / Sea-bass with vegetables, okra, crackers and bammy

JERK CHICKEN Flamed grilled Jerk chicken with a choice of rice and side salad

£10.50 *(V) RASTAFARIAN ROOTS Ital stew, Jamaican vegetable stew with five beans, Okra and Roots

FISH PLATTER £60

Grilled Lobster, Crispy Squid, Salmon Skewers, Prawns & Mussels, Chips, Mixed Salad

MEAT PLATTER £45

Suya, Curry Goat, Oxtail, Jerk Chicken Rice & Peas, Jollof Rice, Mixed Salad

SIDES £3.50 each or 3 SIDES for £8.00

Only available with a main course Fry plantain, Fried dumplings, Coleslaw, Macaroni cheese, Roast plantain, Boiled yam, Boiled dumplings, Boiled banana, Mixed salad, Jollof rice, Fry yam, Callaloo pepper, Cheesy chips, Garlic bread, Rice balls, Sweet potato chips, Creamy spinach, Plain rice, Rice & peas, Waakye rice, Buttered chilli okra, Kenkey

DESSERTS

Sweet dumpling stuffed with Rum & Raisin ice-cream & chocolate sauce £7.50 £5.50 Chocolate brownie Cream brulee £5.00 Apple crumble & custard £5.00 Carrot Cake with Bailey's Cream £7.50 Sticky toffee pudding & custard £5.00

Some products may contain nuts, please check with your server. Our Meats & Poultry are sourced from reputable HALAL butcher suppliers

This * symbol means these items are cooked to order, so a waiting time will apply

A service charge of 12.5% will be added to your bill

ACKEE YAM

PLANTINE





EGUSI



CASSAVA

